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CAPITAL ONE FINANCIAL CORP Form 4 February 17, 2017 OMB APPROVAL FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB 3235-0287 Washington, D.C. 20549 Number: Check this box January 31, Expires: if no longer 2005 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... 0.5 Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b). (Print or Type Responses) 1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Slocum Michael Issuer Symbol CAPITAL ONE FINANCIAL CORP (Check all applicable) [COF] 3. Date of Earliest Transaction (Last) (First) (Middle) Director 10% Owner _X__Officer (give title Other (specify (Month/Day/Year) below) below) **1680 CAPITAL ONE DRIVE** 02/15/2017 President, Commercial Banking (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting **MCLEAN, VA 22102** Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 6. 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Ownership Indirect (Instr. 3) any Code (Instr. 3, 4 and 5) Beneficially Form: Direct Beneficial Ownership (Month/Day/Year) Owned (Instr. 8) (D) or Following Indirect (I) (Instr. 4) Reported (Instr. 4) (A) Transaction(s) or (Instr. 3 and 4) Code V Amount (D) Price Common 02/15/2017 Μ 3,584 А \$ 0 <u>(1)</u> 72,933 D Stock Common 02/15/2017 \$ 0⁽¹⁾ 76,509 D Μ 3,576 A Stock Common \$0⁽¹⁾ 79,736 D 02/15/2017 Μ 3.227 А Stock Common \$ 0⁽²⁾ 90,328 02/15/2017 Μ 10.592 Α D Stock \$ Common 02/15/2017 D 3,584 D 88.31 86,744 D Stock (1)

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Common Stock	02/15/2017	D	3,576	D	\$ 88.31 (1)	83,168	D
Common Stock	02/15/2017	D	3,227	D	\$ 88.31 (1)	79,941	D
Common Stock	02/15/2017	D	10,592	D	\$ 88.31 (2)	69,349	D
Common Stock	02/15/2017	F <u>(3)</u>	1,708	D	\$ 90.93	67,641	D
Common Stock	02/15/2017	F <u>(4)</u>	1,834	D	\$ 90.93	65,807	D
Common Stock	02/15/2017	F <u>(5)</u>	2,818	D	\$ 90.93	62,989	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Underlying S (Instr. 3 and	Secu
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	An or Nu of S
2014 Restricted Stock Units	\$ 0 <u>(1)</u>	02/15/2017		М	3,584	<u>(6)</u>	(6)	Common Stock	3.
2015 Restricted Stock Units	\$ 0 <u>(1)</u>	02/15/2017		М	3,576	<u>(7)</u>	(7)	Common Stock	3.
2016 Restricted Stock	\$ 0 <u>(1)</u>	02/15/2017		М	3,227	(8)	(8)	Common Stock	3

Units

Restricted Stock \$ 0 (2) 02/15/2017 M Units M M M	10,592	02/15/2017 <u>(2)</u>	02/15/2017 <u>(2)</u>	Common Stock	10
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Reporting Owners

**Signature of Reporting Person

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Slocum Michael 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102		President, Commercial Banking				
Signatures						
Cleo Belmonte (POA on file)	02/17/2017					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On February 15, 2017 the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
- (2) Each restricted stock unit vested on January 1, 2017 and settled in cash on February 15, 2017 based on the Company's average fair market value of the underlying shares of common stock over the fifteen trading days preceding the settlement date.
- (3) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 30, 2014. This is authorized in the applicable restricted stock award agreement.
- (4) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 29, 2015. This is authorized in the applicable restricted stock award agreement.
- (5) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2016. This is authorized in the applicable restricted stock award agreement.
- (6) These restricted stock units vest in 1/3 increments beginning on February 15, 2015 and annually thereafter.
- (7) These restricted stock units vest in 1/3 increments beginning on February 15, 2016 and annually thereafter.
- (8) These restricted stock units vest in 1/3 increments beginning on February 15, 2017 and annually thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.