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SHALLISH	I ROBERT D JR										
Form 4	0007										
February 14	·									PROVAL	
FORM	A 4 UNITED S	STATES		RITIES A shington,			NGE C	OMMISSION	OMB OMB Number:	3235-0287	
Check t				·····B····,	210120				Expires:	January 31,	
if no longer subject to Section 16. Form 4 or Form 5 Filed pursuant to Section				SECUR	ITIES				Estimated average burden hours per response		
obligation may con <i>See</i> Inst 1(b).	ons ntinue. Section 17(a	a) of the l	Public U		ling Com	ipany	Act of	1935 or Section	1		
(Print or Type	Responses)										
	Address of Reporting I H ROBERT D JR	Person <u>*</u>	Symbol	r Name and ED CORI			0	5. Relationship of Issuer	Reporting Pers	on(s) to	
(Last)	(First) (N	(liddle)		f Earliest Tr	-	- 1		(Check all applicable)			
. ,	MPUS HEIGHTS	induic)	(Month/E 02/12/2	Day/Year)	ansaction			Director X Officer (give below) V.P		Owner er (specify	
SYRACUS	(Street) SE, NY 13215			endment, Da nth/Day/Year	-			6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M	one Reporting Per	rson	
(City)		(Zip)	Tab	la I. Non D	Anivativa	2000		Person	on Donoficial	ly Owned	
× • • •	× ,						-	ired, Disposed of		-	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	n Date, if	3. Transactic Code (Instr. 8) Code V	4. Securiti on(A) or Dis (Instr. 3, 4) Amount	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/12/2007			М	30,002	A	\$ 16.75	43,039	D		
Common Stock	02/12/2007			S	10,940	D	\$ 26.5	32,099	D		
Common Stock	02/12/2007			S	60	D	\$ 26.54	32,039	D		
Common Stock	02/12/2007			S	1,000	D	\$ 26.55	31,039	D		
Common Stock	02/12/2007			S	1,238	D	\$ 26.6	29,801	D		

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Common Stock	02/12/2007	S	62	D	\$ 26.61	29,739	D
Common Stock	02/12/2007	S	200	D	\$ 26.65	29,539	D
Common Stock	02/12/2007	S	100	D	\$ 26.69	29,439	D
Common Stock	02/12/2007	S	1,500	D	\$ 26.7	27,939	D
Common Stock	02/12/2007	S	1,100	D	\$ 26.71	26,839	D
Common Stock	02/12/2007	S	1,215	D	\$ 26.72	25,624	D
Common Stock	02/12/2007	S	897	D	\$ 26.73	24,727	D
Common Stock	02/12/2007	S	809	D	\$ 26.74	23,918	D
Common Stock	02/12/2007	S	3,396	D	\$ 26.75	20,522	D
Common Stock	02/12/2007	S	585	D	\$ 26.76	19,937	D
Common Stock	02/12/2007	S	200	D	\$ 26.77	19,737	D
Common Stock	02/12/2007	S	997	D	\$ 26.78	18,740	D
Common Stock	02/12/2007	S	803	D	\$ 26.79	17,937	D
Common Stock	02/12/2007	S	1,000	D	\$ 26.8	16,937	D
Common Stock	02/12/2007	S	100	D	\$ 26.81	16,837	D
Common Stock	02/12/2007	S	300	D	\$ 26.82	16,537	D
Common Stock	02/12/2007	S	500	D	\$ 26.83	16,037	D
Common Stock	02/12/2007	S	814	D	\$ 26.84	15,223	D
Common Stock	02/12/2007	S	500	D	\$ 26.85	14,723	D
Common Stock	02/12/2007	S	793	D	\$ 26.86	13,930	D
	02/12/2007	S	200	D		13,730	D

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Common Stock					\$ 26.87	
Common Stock	02/12/2007	S	693	D	\$ 26.9 13,037	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of Transactio/Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options to Purchase Common Stock	\$ 16.75	02/12/2007		М	3	30,002	12/11/1998	12/11/2007	Common Stock	30,002

Reporting Owners

Reporting Owner Name / Address				
1.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0	Director	10% Owner	Officer	Other
SHALLISH ROBERT D JR 4375 OLYMPUS HEIGHTS SYRACUSE, NY 13215			V.P Finance, CFO	
Signatures				
/s/ Robert D. Shallish, Jr.	02/14/200)7		

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.