

ITEM 7.01 Regulation FD Disclosure

Beginning August 16, 2010, H. Eric Bolton, Jr., Chief Executive Officer, and Albert M. Campbell, III, Chief Financial Officer, of the registrant will be presenting an update to various investors. A copy of the presentation is furnished as Exhibit 99.1 to this Current Report.

ITEM 9.01 Financial Statements and Exhibits

(c)Exhibits

Exhibit Number	Description
99.1	Capital Markets Update August 2010

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Date: August 16, 2010

MID-AMERICA APARTMENT COMMUNITIES,
INC.
/s/Albert M. Campbell, III
Albert M. Campbell, III
Executive Vice President and Chief Financial Officer
(Principal Financial and Accounting Officer)
