EVERIST THOMAS S

Form 4 May 24, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SECURITIES

OMB

OMB APPROVAL

3235-0287 Number: January 31, Expires: 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Estimated average

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * **EVERIST THOMAS S**

2. Issuer Name and Ticker or Trading

Issuer

Symbol

MDU RESOURCES GROUP INC

(Check all applicable)

5. Relationship of Reporting Person(s) to

[MDU]

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

05/23/2007

_X__ Director 10% Owner Officer (give title Other (specify below)

MDU RESOURCES GROUP, INC., P. O. BOX 5650

> (Street) 4. If Amendment, Date Original

> > Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

BISMARCK, ND 58506-5650

(City)	(State)	(Zip) Tab	le I - Non-	Derivativ	e Secı	ırities Ac	quired, Disposed	of, or Benefic	cially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock							13,837	D	
Common Stock	05/23/2007		S	300	D	\$ 30.43	2,447,800	I	By Corporation
Common Stock	05/23/2007		S	1,200	D	\$ 30.44	2,446,600	I	By Corporation
Common Stock	05/23/2007		S	700	D	\$ 30.45	2,445,900	I	By Corporation
Common Stock	05/23/2007		S	200	D	\$ 30.46	2,445,700	I	By Corporation

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Common Stock	05/23/2007	S	500	D	\$ 30.47	2,445,200	I	By Corporation
Common Stock	05/23/2007	S	900	D	\$ 30.48	2,444,300	I	By Corporation
Common Stock	05/23/2007	S	700	D	\$ 30.49	2,443,600	I	By Corporation
Common Stock	05/23/2007	S	500	D	\$ 30.5	2,443,100	I	By Corporation
Common Stock	05/23/2007	S	1,000	D	\$ 30.51	2,442,100	I	By Corporation
Common Stock	05/23/2007	S	2,900	D	\$ 30.52	2,439,200	I	By Corporation
Common Stock	05/23/2007	S	600	D	\$ 30.53	2,438,600	I	By Corporation
Common Stock	05/23/2007	S	600	D	\$ 30.54	2,438,000	I	By Corporation
Common Stock	05/23/2007	S	100	D	\$ 30.55	2,437,900	I	By Corporation
Common Stock	05/23/2007	S	100	D	\$ 30.65	2,437,800	I	By Corporation
Common Stock	05/23/2007	S	200	D	\$ 30.66	2,437,600	I	By Corporation
Common Stock	05/23/2007	S	300	D	\$ 30.67	2,437,300	I	By Corporation
Common Stock	05/23/2007	S	200	D	\$ 30.68	2,437,100	I	By Corporation
Common Stock	05/23/2007	S	200	D	\$ 30.69	2,436,900	I	By Corporation
Common Stock	05/23/2007	S	200	D	\$ 30.74	2,436,700	I	By Corporation
Common Stock	05/23/2007	S	400	D	\$ 30.75	2,436,300	I	By Corporation
Common Stock	05/23/2007	S	900	D	\$ 30.76	2,435,400	I	By Corporation
Common Stock	05/23/2007	S	700	D	\$ 30.77	2,434,700	I	By Corporation
Common Stock	05/23/2007	S	1,500	D	\$ 30.78	2,433,200	I	By Corporation
Common Stock	05/23/2007	S	500	D	\$ 30.79	2,432,700	I	By Corporation
	05/23/2007	S	2,000	D	\$ 30.8	2,430,700	I	

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Common Stock								By Corporation
Common Stock	05/23/2007	S	1,500	D	\$ 30.81	2,429,200	I	By Corporation
Common Stock	05/23/2007	S	700	D	\$ 30.82	2,428,500	I	By Corporation

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)				e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock	\$ 0					<u>(1)</u>	<u>(1)</u>	Common Stock	24,830.538
Stock Option	\$ 9.6112					05/12/2000	05/13/2010	Common Stock	5,062
Stock Option	\$ 10.2593					06/03/1998	06/04/2008	Common Stock	5,062
Stock Option	\$ 10.3612					06/03/1999	06/04/2009	Common Stock	5,062
Stock Option	\$ 13.0289					05/16/2002	05/16/2012	Common Stock	6,750
Stock Option	\$ 17.1334					05/17/2001	05/17/2011	Common Stock	6,750

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			

Reporting Owners 3

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EVERIST THOMAS S
MDU RESOURCES GROUP, INC.
P. O. BOX 5650
BISMARCK, ND 58506-5650

Signatures

Debra S. Anderson, Power of Attorney 05/24/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units are to be settled in cash after reporting person's retirement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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