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MDU RESO Form 4 May 11, 200	OURCES GROUN	P INC									
FORM	ЛЛ									APPROVAL	
	UNITED		RITIES ashingtor		N OMB Number:						
Check t if no lor subject Section Form 4 Form 5	nger STATEN to STATEN 16. or	STATEMENT OF CHANGES IN BENEFICIAL OWNER SECURITIES								January 31, 2005 ed average nours per e 0.5	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
	Address of Reporting THOMAS S	Person <u>*</u>	Symbol	er Name ar RESOUR 1			-	5. Relationship Issuer (Ch	of Reporting l eck all applica		
(Last)	(First) (Middle)	-) of Earliest '	Transactio	n		_X_ Director10% Owner			
			Day/Year)	i ransactio.			Officer (give titleOther (specify below)				
				endment, I onth/Day/Ye	-	nal		Applicable Line) _X_ Form filed by	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 		
BISMARC	CK, ND 58506-565	50						Person	wore than one	e Reporting	
(City)	(State)	(Zip)	Tab	ole I - Non 3.				quired, Disposed	of, or Benefi	cially Owned	
1.Title of Security (Instr. 3)		ansaction Date 2A. Deemed th/Day/Year) Execution Date, if any (Month/Day/Year)			4. Securities Acquired isactior(A) or Disposed of (D) e (Instr. 3, 4 and 5) tr. 8) (A) or ie V Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock								13,837	D		
Common Stock	05/10/2007			S	2,163	D	\$ 29.5	2,855,637	I	By Corporation	
Common Stock	05/10/2007			S	2,999	D	\$ 29.51	2,852,638	I	By Corporation	
Common Stock	05/10/2007			S	900	D	\$ 29.52	2,851,738	Ι	By Corporation	
Common Stock	05/10/2007			S	2,800	D	\$ 29.53	2,848,938	Ι	By Corporation	

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Common Stock	05/10/2007	S	3,700	D	\$ 29.54	2,845,238	I	By Corporation
Common Stock	05/10/2007	S	3,300	D	\$ 29.55	2,841,938	Ι	By Corporation
Common Stock	05/10/2007	S	2,700	D	\$ 29.56	2,839,238	I	By Corporation
Common Stock	05/10/2007	S	2,600	D	\$ 29.57	2,836,638	Ι	By Corporation
Common Stock	05/10/2007	S	4,500	D	\$ 29.58	2,832,138	Ι	By Corporation
Common Stock	05/10/2007	S	300	D	\$ 29.59	2,831,838	I	By Corporation
Common Stock	05/10/2007	S	500	D	\$ 29.6	2,831,338	I	By Corporation
Common Stock	05/10/2007	S	900	D	\$ 29.61	2,830,438	Ι	By Corporation
Common Stock	05/10/2007	S	200	D	\$ 29.62	2,830,238	I	By Corporation
Common Stock	05/10/2007	S	1,037	D	\$ 29.65	2,829,201	Ι	By Corporation
Common Stock	05/10/2007	S	600	D	\$ 29.66	2,828,601	Ι	By Corporation
Common Stock	05/10/2007	S	100	D	\$ 29.67	2,828,501	Ι	By Corporation
Common Stock	05/10/2007	S	100	D	\$ 29.68	2,828,401	Ι	By Corporation
Common Stock	05/10/2007	S	600	D	\$ 29.69	2,827,801	Ι	By Corporation
Common Stock	05/10/2007	S	5,381	D	\$ 29.7	2,822,420	Ι	By Corporation
Common Stock	05/10/2007	S	5,909	D	\$ 29.71	2,816,511	Ι	By Corporation
Common Stock	05/10/2007	S	1,500	D	\$ 29.72	2,815,011	Ι	By Corporation
Common Stock	05/10/2007	S	700	D	\$ 29.73	2,814,311	Ι	By Corporation
Common Stock	05/10/2007	S	4,700	D	\$ 29.74	2,809,611	I	By Corporation
Common Stock	05/10/2007	S	2,210	D	\$ 29.75	2,807,401	Ι	By Corporation
	05/10/2007	S	600	D		2,806,801	Ι	

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Common Stock					\$ 29.76		By Corporation
Common Stock	05/10/2007	S	400	D	\$ 29.77 2,806,401	I	By Corporation
Common Stock	05/10/2007	S	501	D	\$ 29.78 2,805,900	Ι	By Corporation
Common Stock	05/10/2007	S	100	D	\$ 29.81 2,805,800	Ι	By Corporation

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	(Month/Day/Year) Execution Date, if T any C		4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		te	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock	\$ 0					(1)	<u>(1)</u>	Common Stock	24,830.538
Stock Option	\$ 9.6112					05/12/2000	05/13/2010	Common Stock	5,062
Stock Option	\$ 10.2593					06/03/1998	06/04/2008	Common Stock	5,062
Stock Option	\$ 10.3612					06/03/1999	06/04/2009	Common Stock	5,062
Stock Option	\$ 13.0289					05/16/2002	05/16/2012	Common Stock	6,750
Stock Option	\$ 17.1334					05/17/2001	05/17/2011	Common Stock	6,750

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
EVERIST THOMAS S MDU RESOURCES GROUP, INC. P. O. BOX 5650 BISMARCK, ND 58506-5650	Х						
Signatures							
Debra S. Anderson, Power of Attorney	05	5/11/2007					
**Signature of Reporting Person		Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Units are to be settled in cash after reporting person's retirement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.