Edgar Filing: WESSON DAVID W - Form 4

Form 4										
November 10									PPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								3235-0287		
Check this if no longe	box							Expires:	January 31	
subject to Section 16 Form 4 or Form 5	5 I A I E IVII 5.	STATEMENT OF CHANGES IN BENEFICIAL OWN SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange						Estimated burden hou response	urs per	
obligations may contin <i>See</i> Instruct 1(b).	$\frac{1}{1}$ Section 17(a)) of the Public U 30(h) of the In	tility Hold	ling Com	pany	Act c	of 1935 or Section	on		
(Print or Type Re	esponses)									
1. Name and Ad WESSON DA	Symbol	2. Issuer Name and Ticker or Trading Symbol SWIFT ENERGY CO [SFY]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (Mi		3. Date of Earliest Transaction			(Check all applicable)				
16825 NORT SUITE 400	(Month/E	(Month/Day/Year) 11/08/2004				Director 10% Owner X Officer (give title Other (specify below) below) CONTROLLER				
Fi			4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
HOUSTON,	TX 77060						Person	shore than one R	eporting	
(City)	(State) (Z	Zip) Tabl	e I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	on Date, if Transactio Code		ties l (A) o l of (D 4 and (A) or))	Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
			Code V	Amount		Price	(Instr. 3 and 4)			
Common Stock	11/08/2004	11/08/2004	А	2,100	А	\$0	2,916	D		
Common Stock							2,353	Ι	401(k)	
Common Stock							956	I	ESOP	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 25.18	11/08/2004	11/08/2004	А	3,000	11/08/2005(1)	11/08/2014	Common Stock	3,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer CONTROLLER	Other		
WESSON DAVID W 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060			CONTROLLER			
Signatures						

David W. 11/10/2004 Wesson

**Signature of Reporting Person

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Options are granted pursuant to the Swift Energy Company 2001 Omnibus Stock Option Plan and become exercisable as to 20% of the (1) underlying securities on the first anniversary of the date of the grant, and as to an additional 20% each year thereafter on the anniversary of the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.