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Jackson Robe	rt M									
Form 4										
December 13,	, 2005									
FORM	4								PPROVAL	
	UNITEDS		CURITIES A Washington,			NGE (COMMISSION	OMB Number:	3235-0287	
Check this								Expires:	January 31,	
if no longe subject to	statem	ENT OF CH	ANGES IN I	BENEFI	CIA	LOW	NERSHIP OF		2005	
Section 16			SECUR	ITIES					Estimated average burden hours per	
Form 4 or								response 0.5		
Form 5 obligations	^						ge Act of 1934,			
may contin			•	•	- •		f 1935 or Sectio	n		
See Instruc		30(h) of th	e Investment	Company	y Act	of 19	40			
1(b).										
(Print or Type Re	esponses)									
1. Name and Ad	ldress of Reporting P	erson * 2. I	ssuer Name and	Ticker or '	Fradin	g	5. Relationship of	f Reporting Per	son(s) to	
Jackson Robe	ol	_				Issuer				
		-		SINS PROPERTIES INC						
		[CU	Z]				(Cheo	ck all applicable	e)	
(Last)	(First) (M	iddle) 3. Da	te of Earliest Tra	ansaction			Director	10%	6 Owner	
			th/Day/Year)				$X_ Officer (given the second second$		er (specify	
2500 WIND	Y RIDGE		9/2005				below) Senic	below) or Vice Presider	nt	
PARKWAY,	, SUITE 1600									
			Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
			(Month/Day/Year)	-				Applicable Line)		
							X Form filed by			
ATLANTA,	GA 30339						Person	More than One Ro	eporting	
(City)	(State) (2	Zip) ,	Fable I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	f, or Beneficial	lly Owned	
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securi	ties		5. Amount of	6. Ownership	7. Nature of	
Security	(Month/Day/Year)	Execution Dat	e, if Transactio	onAcquired	l (A) c	r	Securities	Form: Direct	Indirect	
(Instr. 3)		any	Code Disposed of (D)			Beneficially (D) or	· · /	Beneficial		
		(Month/Day/Y	ear) (Instr. 8)	(Instr. 3,	4 and	5)	Owned Following	Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
							Reported	(111501. 4)	(IIIsu: 4)	
					(A) or		Transaction(s)			
			Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common	12/00/2005		A (1)			\$0	1 367 (2)	D		
Stock	12/09/2005		A <u>(1)</u>	1,367	А	(1)	1,367 <u>(2)</u>	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock	<u>(3)</u>	12/09/2005		А	433	12/09/2006 <u>(3)</u>	12/09/2009	Common Stock	433
Stock Options (Right to buy)	\$ 28.69	12/09/2005		A	8,100	12/09/2006 <u>(4)</u>	12/09/2015	Common Stock	8,100

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Jackson Robert M 2500 WINDY RIDGE PARKWAY SUITE 1600 ATLANTA, GA 30339			Senior Vice President				

Signatures

Robert M. Jackson <u>**Signature of</u> Reporting Person L2/13/2005 Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Includes 1,367 of restricted stock awarded under the Cousins Properties Incorporated (CPI) 1999 Incentive Stock Plan. These shares will vest 25% per year on each anniversary date of the grant, and CPI will hold these shares until such shares become vested. While the shares are being held prior to vesting, the reporting person will have the right to receive all cash dividends and to vote the restricted shares. All unvested shares will forfeit upon termination of employment.

These options were granted under the Cousins Properties Incorporated 1999 Incentive Stock Plan. These options will vest 25% per year(4) on the anniversary of the grant date, with shares being 100% vested in year 4 of the grant term. The Plan under which these options were granted complies with Rule 16b-3 and provides for tax withholding.

(3) Award of restricted stock units under the Cousins Properties Incorporated (CPI) 2005 Restricted Stock Unit Plan. Each unit represents a right to receive a payment in cash equal to the fair market value of one share of CPI's common stock as of the date payment is due under the Plan. These units will vest 25% per year on each anniversary date of the grant, with units being 100% vested in year 4 of the grant term. While the shares are being held prior to vesting, the reporting person will have the right to receive all cash dividends but will not

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have shareholder rights. All unvested shares will forfeit upon termination of employment.

Award of restricted stock shares under the Cousins Properties Incorporated (CPI) 1999 Incentive Stock Plan. These shares will vest 25% per year on each anniversary date of the grant, and CPI will hold these shares until such shares become vested. While the shares are being

(1) per year on each anniversary date of the grant, and er r win nod these shares until such shares become vested, while the shares are being held prior to vesting, the reporting person will have the right to receive all cash dividends and to vote the restricted shares. All unvested shares will forfeit upon termination of employment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.