Form 5						
February 13, 2019 FORM 5			OMB APF	PROVAL		
UNITED STATES	S SECURITIES AND EXCHANGE	COMMISSION	OMB Number:	3235-0362		
Check this box if no longer subject	······································					
to Section 16. Form 4 or Form 5 obligations may continue. See Instruction	ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					
Form 3 Holdings Section 17(a) of the	Section 16(a) of the Securities Exchang Public Utility Holding Company Act of) of the Investment Company Act of 19	of 1935 or Section	l			
1. Name and Address of Reporting Person <u>*</u> Stagliano Joseph R	2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]	5. Relationship of I Issuer	n(s) to			
(Last) (First) (Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2018	(Check Director X_ Officer (give t	Dwner (specify			
52 SOUTH BROAD STREET		below) EVP Presic	below) lent Retail Bank	ting		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joi	nt/Group Repor	ting		
	r neu(wonth/Day/rear)	(check	applicable line)			

NORWICH, NYÂ 13815

Stagliano Joseph R

X Form Filed by One Reporting Person ____ Form Filed by More than One Reporting Person

(City)	(State)	(Zip) Tab	le I - Non-Der	ivative Secu	rities	Acquir	ed, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securitie (A) or Disp (Instr. 3, 4)	posed c	of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock	12/31/2018	Â	J	192.482	A	\$ 0 (1)	5,552.676	I	401k
NBT Bancorp Inc. Common Stock	12/31/2018	Â	J	41.756	A	\$ 0 (2)	1,618.458	I	NBT Bancorp ESOP

NBT Bancorp Inc. Common Stock	Â	Â	Â	Â	Â	Â	54,237	D	Â
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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of informationSEC 2270contained in this form are not required to respond unless(9-02)the form displays a currently valid OMB control number.(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Derivative		e Expiration Date s (Month/Day/Year) (A) sed of		nd 7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock	Â	12/31/2018	Â	J	261.93 (4)	Â	(<u>3)</u>	(3)	NBT Bancorp Inc. Common Stock	261.93

Reporting Owners

Reporting Owner Name / Address	Relationships							
1 0	Director	10% Owner	Officer	Other				
Stagliano Joseph R 52 SOUTH BROAD STREET NORWICH, NY 13815	Â	Â	EVP President Retail Banking	Â				
Signatures								
By: Michael J. Chewens, Power of Attorney For: Joseph R. 02/13/2019 Stagliano								
<u>**</u> Signature of I	Reporting Pe	erson	Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Shares were purchased through payroll deferral and/or dividend reinvestment from 1/1/2018 to 12/31/2018 through NBT Bancorp Inc. 401k Plan.

- (2) Shares were purchased through payroll deferral and/or dividend reinvestment from 1/1/2018 to 12/31/2018 through NBT Bancorp Inc. ESOP Plan.
- (3) Each share of phantom stock is deemed invested in one share of NBT Bancorp Inc. common stock pursuant to the terms of the Deferred Compensation Plan.
- (4) Shares were purchased through payroll deferral and/or dividend reinvestment from 1/1/2018 to 12/31/2018 through a NBT Bancorp Inc. deferred compensation plan.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.