

QUAIN MITCHELL I
Form 4
February 12, 2018

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2015
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
QUAIN MITCHELL I

2. Issuer Name and Ticker or Trading Symbol
RBC Bearings INC [ROLL]

5. Relationship of Reporting Person(s) to Issuer
(Check all applicable)

(Last) (First) (Middle)
1 BRISTOL ROAD
(Street)

3. Date of Earliest Transaction
(Month/Day/Year)
02/09/2018

____ Director
____ Officer (give title below)
____ 10% Owner
____ Other (specify below)

MIDDLEBURY, CT 06762

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount (D) Price		
Common Stock	02/09/2018		M		2,500 A \$ 40.15	10,500 (1) (2)	D
Common Stock	02/09/2018		D		2,500 D \$ 116.1288	8,000 (1) (2)	D
Common Stock	02/09/2018		M		2,500 A \$ 44.6	10,500 (1) (2)	D
Common Stock	02/09/2018		D		2,500 D \$ 116.1288	8,000 (1) (2)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not

SEC 1474 (9-02)

required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Option to Purchase Common Stock	\$ 40.15	02/09/2018		M	2,500	11/14/2012 ⁽³⁾ 11/14/2018	Common Stock 2,500
Option to Purchase Common Stock	\$ 44.6	02/09/2018		M	2,500	06/04/2013 ⁽³⁾ 06/04/2019	Common Stock 2,500
Option to Purchase Common Stock	\$ 51.08					06/14/2014 ⁽⁴⁾ 06/14/2020	Common Stock 2,500
Option to Purchase Common Stock	\$ 64.15					07/01/2015 ⁽⁵⁾ 07/01/2021	Common Stock 2,000
Option to Purchase Common Stock	\$ 72.83					07/01/2016 ⁽⁶⁾ 07/01/2022	Common Stock 2,000
Option to Purchase Common Stock	\$ 72.94					07/08/2017 ⁽⁷⁾ 07/08/2023	Common Stock 2,000
Option to Purchase Common Stock	\$ 99.64					06/27/2018 ⁽⁸⁾ 06/27/2024	Common Stock 2,000

