Fidelity & Guaranty Life Form 8-K December 23, 2016

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): December 21, 2016

FIDELITY & GUARANTY LIFE

(Exact name of registrant as specified in its charter)

Delaware 001-36227 46-3489149 (State or other jurisdiction (Commission (IRS Employer of incorporation) File Number) Identification No.)

Two Ruan Center

601 Locust Street, 14th Floor 50309

Des Moines, IA

(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: (800) 445-6758 Former name or former address, if changed since last report.

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

oWritten communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

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Pre-commencement communications pursuant to

o Rule 13e-4(c) under

the Exchange Act (17 CFR 240.13e-4(c))

Departure of Directors or Certain Officers; Election of

Directors;

Item 5.02 Appointment of Certain

Officers;

Compensatory Arrangements of Certain Officers.

On December 21, 2016, Mr. Thomas Williams resigned his position on Fidelity & Guaranty Life's Board of Directors effective December 31, 2016. Mr. Williams resigned his position to pursue other endeavors and not as a result of any disagreement with Fidelity & Guaranty Life.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

FIDELITY & GUARANTY LIFE

/s/ Eric L. Marhoun Name: Eric L. Marhoun

Title: Executive Vice President, General Counsel and Secretary

Dated: December 23, 2016