LANDY EUGENE W

Form 4

January 04, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

5. Relationship of Reporting Person(s) to

Issuer

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

burden hours per response... 0.5

1(b).

Stock

(Print or Type Responses)

LANDY EUGENE W

1. Name and Address of Reporting Person *

						REAL ES CORP []			(Cl	Check all applicable)		
	(Last) 3499 RT. 9	(First) NORTH, SUITI	(Middle)		Day/Year)	Transaction			X Director X Officer (g below)			
(Street) FREEHOLD, NJ 07728				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
	(City)	(State)	(Zip)	Tal	ole I - Non	-Derivative	Secu	rities A	equired, Disposed	of, or Benefi	cially Owned	
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transacti Code (Instr. 8)	4. Securit or(A) or Dis (Instr. 3, 4	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	MNR Common Stock	01/03/2019			M	25,000 (1)	A	\$ 8.72	878,638.738	D		
	MNR Common Stock								179,405	I	Eugene W. Landy and Gloria Landy Family Foundation	
	MNR Common								39,361.087	I	Juniper Plaza	

Associates

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MNR Common Stock	29,527.275	I	Windsor Industrial Park Associates					
MNR Common Stock	97,913.57	I	Spouse					
MNR Common Stock	13,048	I	Landy Investments, Ltd.					
MNR Common Stock	184,293.62	I	Landy & Landy Employees' Pension Plan					
MNR Common Stock	217,426.819	I	Landy & Landy Employees' Profit Sharing Plan					
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.								

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Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Underlying (Instr. 3 and
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Qualified Stock Option to Purchase Common Stock	\$ 8.72	01/03/2019		M	25,000		01/03/2012	01/03/2019	MNR Common Stock
Qualified Stock Option to Purhcase Common	\$ 8.72	01/03/2019		D(2)		40,000	01/03/2012	01/03/2019	MNR Common Stock

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Non-Qualified Stock Option to Purhcase Common Stock	\$ 8.72	01/03/2019	A(2)	40,000	01/03/2019	02/28/2019	MNR Common Stock
Qualified Stock Option to Purchase Common Stock	\$ 17.8				01/03/2019	01/03/2026	MNR Common Stock
Qualified Stock Option to Purchase MNR Common Stock	\$ 15.04				01/04/2018	01/04/2025	MNR Common Stock
Qualified Stock Option to Purchase MNR Common Stock	\$ 10.37				01/05/2017	01/05/2024	MNR Common Stock
Qualified Stock Option to Purchase MNR Common Stock	\$ 11.16				01/05/2016	01/05/2023	MNR Common Stock
Qualified Stock Option to Purchase Common Stock	\$ 8.94				01/03/2015	01/03/2022	MNR Common Stock
Qualified Stock Option to Purchase Common Stock	\$ 10.46				01/03/2014	01/03/2021	MNR Common Stock
Qualified Stock Option to Purchase Common Stock	\$ 9.33				01/03/2013	01/03/2020	MNR Common Stock

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LANDY EUGENE W

3499 RT. 9 NORTH X Chairman of the Board

FREEHOLD, NJ 07728

Signatures

Eugene W. 01/04/2019 Landy

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Partial Exercise of Stock Option.

The two reported transactions involved an amendment of an outstanding option to extend the expiration date from January 3, 2019 to

(2) February 28, 2019, resulting in the deemed cancellation of the "old" option and the grant of a replacement option. The option was originally granted on January 3, 2011 and became exercisable in full on January 3, 2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 4