Planet Fitn Form 4													
November FORI	ЛЛ		SECU	DITII	70			NCEO	OMMERION	-	PROVAL		
UNITED STATES SECU				RITIES AND EXCHANGE C ashington, D.C. 20549					UNINISSION	OMB Number:	3235-0287		
if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. STATEMENT OF C STATEMENT OF C				CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES ction 16(a) of the Securities Exchange Act of 1934, blic Utility Holding Company Act of 1935 or Section the Investment Company Act of 1940							January 31, 2005 verage 's per 0.5		
(Print or Type	e Responses)												
Rondeau Christopher Symbol				uer Name and Ticker or Trading 1 t Fitness, Inc. [PLNT]					5. Relationship of Reporting Person(s) to Issuer				
(Last) (First) (Middle) 3. D			3. Date	. Date of Earliest Transaction					(Check all applicable)				
(Month/I C/O PLANET FITNESS, INC., 26 11/15/2 FOX RUN ROAD					/Day/Year) /2016				Director 10% Owner Officer (give title Other (specify below) below) Chief Executive Officer				
				mendment, Date Original /lonth/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tal	ble I - N	lon-	-Derivative	Secu	rities Acqu	ured, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ansaction Date 2A. Deemed hth/Day/Year) Execution Date, if any (Month/Day/Year)				onor Dispose (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Class A common	11/15/2016			Code C(1)	V	Amount 9,000	(D) A	Price	9,000	I	By Trust		
stock						<u>(1)</u>			- ,		(2)		
Class A common stock	11/15/2016			S <u>(1)</u>		9,000 (1)	D	\$ 24.0663 (3)	0	Ι	By Trust		
Class A common stock	11/15/2016			C <u>(1)</u>		21,000 (1)	А	\$ 0	21,000	I	By Trust (4)		
Class A common	11/15/2016			S <u>(1)</u>		21,000 (1)	D	\$ 24.0663	0	Ι	By Trust		

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stock

(3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of iorDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		vative Expiration Date rities (Month/Day/Year) uired (A) isposed of r. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pri Deriv Secui (Instr
				Code V	(A) (D))	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Holding Units and Class B common stock	<u>(1)</u> <u>(5)</u>	11/15/2016		С	9,00 (1)		<u>(5)</u>	<u>(5)</u>	Class A common stock	9,000 (1)	\$
Holding Units and Class B common stock	<u>(1)</u> <u>(5)</u>	11/15/2016		С	21,0 (1)		<u>(5)</u>	<u>(5)</u>	Class A common stock	21,000 (1)	\$

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Rondeau Christopher C/O PLANET FITNESS, INC. 26 FOX RUN ROAD NEWINGTON, NH 03801			Chief Executive Officer					
Signatures								
/s/ Justin Vartanian, Attorney-in-Fact		11/17/2016						

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was effected pursuant to a Rule 10b5-1 trading plan.
- Following the transactions described herein, The Christopher J. Rondeau Irrevocable GST Trust of 2012, u/d/t 11/08/12 holds 1,873,163
 (2) Holdings Units and corresponding shares of Class B common stock. Mr. Rondeau disclaims beneficial ownership of such securities except to the extent of his pecuniary interest therein.

The price reported in Column 4 is a weighted average price. The shares were sold in multiple transactions at prices ranging from \$23.79

- to \$24.17, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth herein.
- Following the transactions described herein, The Christopher J. Rondeau Revocable Trust of 2006, u/d/t 05/15/06 holds 6,505,147 Holdings Units and corresponding shares of Class B common stock.

Pursuant to the terms of the Exchange Agreement dated as of August 5, 2015, as amended, by and among the Company, Pla-Fit Holdings, LLC and the holders from time to time of Holding Units and shares of Class B common stock, the holders thereof may exchange all or a portion of their Holding Units along with an equal number of shares of Class B common stock for shares of Class A common stock of the Company on a one-to-one basis (one Holding Unit and one share of Class B common stock together exchangeable

(5) Common stock of the Company on a one-to-one basis (one Fronting Unit and one share of Class B common stock togener exchangeable for one share of Class A common stock). The holders thereof are not required to pay an exercise price in connection with any such exchange. The Holding Units do not expire. The Class B common stock provides the holder with one vote on all matters submitted to a vote of the Company's stockholders but does not entitle the holder to any of the economic rights associated with shares of the Company's Class A common stock.

Remarks:

Justin Vartanian is signing on behalf of Mr. Rondeau pursuant to a Power of Attorney dated July 29, 2015, which was previou

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.