### NBT BANCORP INC

Form 5

Stock

February 12, 2014

FORM 5								OMB APPROVAL			
UNITED STATES SECURITIES AND EXCHANGE COMMISSION										3235-0362	
Check this box if Washington, D.C. 20549 no longer subject								Expires:	January 31, 2005		
to Section Form 4 of 5 obligate may cont	MENT OF CHANGES IN BENEFICIAL IERSHIP OF SECURITIES					Estimated average burden hours per response 1.0					
See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported Form 4 30(h) of the Investment Company Act of 1940 Transactions Reported											
1. Name and LEVY JEF	Address of Reporting FREY M	S	2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (	Middle) 3	3. Statement for Issuer's Fiscal Year Ended			(Check	ck all applicable)				
52 SOUTH	I BROAD STREE	1	(Month/Day/Year) 12/31/2013					Director 10% Owner Nother (give title Other (specify below) below)  EVP/ Pres Commercial Banking			
(Street) 4. If Amendment, Date Original 6. Individual						. Individual or Joi	Joint/Group Reporting				
Filed(Month/Day/Year) (check									applicable line)		
NORWICE	H, NY 13815						_	X_ Form Filed by C Form Filed by M erson			
(City)	(State)	(Zip)	Tab	le I - Non-Dei	rivative Secu	ırities	Acqui	red, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution I any (Month/Day	Date, if	3. Transaction Code (Instr. 8)	4. Securitie (A) or Disp (Instr. 3, 4	oosed on and 5)	of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Amount	or (D)	Price	(Instr. 3 and 4)	(Instr. 4)		
NBT Bancorp Inc. Common Stock	12/31/2013	Â		J	168.006	A	\$ 0 (1)	44,932.038	D	Â	
NBT Bancorp Inc. Common	12/31/2013	Â		J	510.979	A	\$ 0 (2)	5,110.218	I	401k	

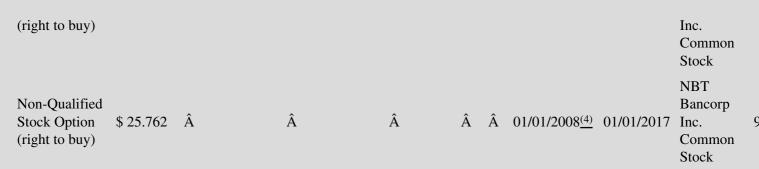
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**NBT** Bancorp **NBT** Â Â Â Â Â 1,080.335 Inc. Bancorp Common **ESOP** Stock Reminder: Report on a separate line for each class of Persons who respond to the collection of information **SEC 2270** securities beneficially owned directly or indirectly. contained in this form are not required to respond unless (9-02)the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
					(A) (	(D)	Date Exercisable	Expiration Date	Title	Ar or Nu of
Non-Qualified Stock Option (right to buy)	\$ 20.19	Â	Â	Â	Â	Â	01/15/2011(3)	01/15/2020	NBT Bancorp Inc. Common Stock	1
Non-Qualified Stock Option (right to buy)	\$ 20.3617	Â	Â	Â	Â	Â	01/15/2009(4)	01/15/2018	NBT Bancorp Inc. Common Stock	7
Non-Qualified Stock Option (right to buy)	\$ 22.352	Â	Â	Â	Â	Â	01/01/2007(4)	01/01/2016	NBT Bancorp Inc. Common Stock	5
Non-Qualified Stock Option (right to buy)	\$ 23.293	Â	Â	Â	Â	Â	10/01/2006(4)	10/01/2015	NBT Bancorp Inc. Common Stock	20
Non-Qualified Stock Option	\$ 25.38	Â	Â	Â	Â	Â	01/15/2010(3)	01/15/2019	NBT Bancorp	13

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## **Reporting Owners**

Reporting Owner Name / Address	Kelationships					
	Director	10% Owner	Officer	Other		
LEVY JEFFREY M 52 SOUTH BROAD STREET NORWICH, NY 13815	Â	Â	EVP/ Pres Commercial Banking	Â		

## **Signatures**

By: F. Sheldon Prentice, Power of Attorney For: Jeffrey M.
Levy 02/12/2014

\*\*Signature of Reporting Person

Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired under Dividend Reinvestment Plan at a broker during period of January 1, 2013 to December 31, 2013.
- (2) Shares were purchased from 1/1/2013 through 12/31/2013 through NBT Bancorp Inc. 401k Plan.
- (3) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (4) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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