#### Edgar Filing: NBT BANCORP INC - Form 4

NBT BANC Form 4											
October 18,									OMB AF	PROVAL	
FORM	4 UNITED	STATES		RITIES . shingtor			ANGE CO	OMMISSION	OMB Number:	3235-0287	
Check th if no lon subject t Section Form 4 c Form 5	ger o <b>STATEN</b> 16. or		F CHAN	NGES IN SECU	BENEI RITIES	FICL		ERSHIP OF	Expires: Estimated a burden hou response	•	
obligatic may con <i>See</i> Instr 1(b).	tinue. Section 17(	(a) of the l	Public U	tility Ho	lding Co	mpar	•	Act of 1934, 1935 or Section )			
(Print or Type)	Responses)										
1. Name and Address of Reporting Person <u>*</u> CHOJNOWSKI RICHARD			2. Issuer Name <b>and</b> Ticker or Trading Symbol					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (	Middle)	NBT BANCORP INC [NBTB] (Chec 3. Date of Earliest Transaction					(Check	k all applicable)		
52 SOUTH BROAD STREET			(Month/Day/Year) 10/16/2013					X_ Director10% Owner Officer (give titleOther (specify below) below)			
	(Street)			endment, E nth/Day/Yea	-	al		6. Individual or Joi Applicable Line) _X_ Form filed by Ou Form filed by Mo	ne Reporting Pe	rson	
NORWICH	I, NY 13815							Person	ore than one Re	porting	
(City)	(State)	(Zip)	Tab	le I - Non-	Derivative	e Secu	rities Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)		. Transaction Date 2A. Deemed Month/Day/Year) Execution Date, if any (Month/Day/Year			4. Securi oror Dispo (Instr. 3,	sed of		) 5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
NBT Bancorp				Code V	Amount	or	Price	(Instr. 3 and 4)	(IIISU: 4)		
Inc. Common Stock	10/16/2013			М	1,073	Α	\$ 21.74	277,712	D		
NBT Bancorp Inc. Common Stock	10/16/2013			S	1,073	D	\$ 24	276,639	D		
NBT Bancorp	10/16/2013			М	1,500	А	\$ 20.7492	278,139	D		

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Inc. Common Stock							
NBT Bancorp Inc. Common Stock	10/16/2013	S	1,500	D	\$ 24	276,639	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ame Underlying Secu (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	A or Title N or S	
Non-Qualified Stock Option (right to buy)	\$ 20.7492	10/16/2013		М	1,500	05/01/2006 <u>(1)</u>	05/01/2015	NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 21.74	10/16/2013		М	1,073	05/01/2007 <u>(1)</u>	05/01/2016	NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.4842					05/01/2008 <u>(1)</u>	05/01/2017	NBT Bancorp Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.5508					05/01/2009 <u>(1)</u>	05/01/2018	NBT Bancorp Inc.	

Non-Qualified Stock Option \$23.2708 (right to buy) Common Stock NBT Bancorp 01/20/2006(1) 01/20/2015 Inc. Common Stock

## **Reporting Owners**

**Reporting Owner Name / Address** 

Relationships

Director 10% Owner Officer Other

CHOJNOWSKI RICHARD 52 SOUTH BROAD STREET X NORWICH, NY 13815

# Signatures

By: F. Sheldon Prentice, Power of Attorney For: Richard Chojnowski

\*\*Signature of Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

10/18/2013

Date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.