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FIRST TRUST HIGH INCOME LONG/SHORT FUND

Form 8-K February 04, 2019

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported) February 4, 2019

FIRST TRUST HIGH INCOME LONG/SHORT FUND (Exact Name of Registrant as Specified in its Charter)

Massachusetts 811-22442 27-3072807
(State or Other Jurisdiction (Commission File Number) (IRS Employer of Incorporation) Identification No.)

120 East Liberty Drive, Suite 400
Wheaton, Illinois 60187
(Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code (630) 765-8000

(Former Name or Former Address, if Changed Since Last Report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the

|_| Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

following provisions (see General Instruction A.2. below):

- |_| Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- |_| Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure.

First Trust High Income Long/Short Fund (the "Fund") is filing herewith a press release issued on February 4, 2019, as Exhibit 99.1. The press release was issued by First Trust Advisors L.P. to report that MacKay Shields LLC, the Fund's investment sub-advisor, will release an update on the market and the Fund on February 6, 2019. Details regarding the access to the update are contained in the press release included herein.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit

Number Description

99.1 Press release of First Trust Advisors L.P. dated February 4, 2019

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: February 4, 2019 FIRST TRUST HIGH INCOME LONG/SHORT FUND

By: /s/ W. Scott Jardine

Name: W. Scott Jardine

Title: Secretary

EXHIBIT INDEX

Exhibit

Number Description

99.1 Press release of First Trust Advisors L.P. dated

February 4, 2019