SUPERIOR UNIFORM GROUP INC

Form 4 April 14, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

if no longer subject to Section 16. Form 4 or Form 5

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

Other (specify

OMB APPROVAL

3235-0287

January 31,

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person * SCHWARTZ ALAN/FL

2. Issuer Name and Ticker or Trading

Symbol

SUPERIOR UNIFORM GROUP

5. Relationship of Reporting Person(s) to Issuer

INC [SGC]

X Director 10% Owner

(Check all applicable)

3. Date of Earliest Transaction (Month/Day/Year) 04/13/2015

X_ Officer (give title below) President

SUPERIOR UNIFORM GROUP, 10055 SEMINOLE BLVD.

(First)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

(Street)

(Middle)

X Form filed by One Reporting Person Form filed by More than One Reporting

Filed(Month/Day/Year)

SEMINOLE, FL 33772

(City)	(State) (Zip	Table I	- Non-Der	ivative Sec	curitie	s Acquire	ed, Disposed of, o	or Beneficially	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4	sposed 4 and 3 (A) or	of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Stock Options	04/13/2015		Code V M	Amount 17,792	(D) A	Price \$ 5.62	180,434	D	
Stock Options	04/13/2015		F	4,333	D	\$ 23.08	176,101	D	
Stock Appreciation Rights	04/13/2015		M	42,208	A	\$ 5.62	218,309	D	
Stock Appreciation Rights	04/13/2015		D	19,011	D	\$ 23.08	199,298	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amor or Numl of Sh
Employee Stock Options	\$ 5.62	04/13/2015		M	17,792	02/04/2011	02/04/2016	Common Stock	17,7
Stock Appreciation Rights	\$ 5.62	04/13/2015		M	42,208	02/04/2011	02/04/2016	Common Stock	42,2

Reporting Owners

Reporting Owner Name / Address	Relationships						
rg =	Director	10% Owner	Officer	Other			
SCHWARTZ ALAN/FL SUPERIOR UNIFORM GROUP 10055 SEMINOLE BLVD. SEMINOLE, FL 33772	X		President				

Signatures

/s/ Joan 04/14/2015 Petronella, POA **Signature of Reporting Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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