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BLACKROCK MUNIHOLDINGS INVESTMENT QUALITY FUND

currently valid OMB control number.

Form 3 June 10, 2014

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB Number:

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January 31, 2005

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, response...

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

| 1. Name and Ad Person <u>*</u> Park Chan | | porting | 2. Date of Event Requiring Statement (Month/Day/Year) | 3. Issuer Name and Ticker or Trading Symbol BLACKROCK MUNIHOLDINGS INVESTMENT QUALITY FUND [MFL] | | | | | | |
|--|---------|--------------|--|--|--|-------------------------|---|--|--|--|
| (Last) | (First) | (Middle) | 06/06/2014 | 4. Relationship of Reporting Person(s) to Issuer | | | 5. If Amendment, Date Original Filed(Month/Day/Year) | | | |
| 55 EAST 52 | ND STRE | ET | | , | | | Tired(Worldbay/Tear) | | | |
| (Street) NEW YORK, NY 10055 | | | | (Check all applicable) | | | 6. Individual or Joint/Group | | | |
| | | | | Director 10% C _X Officer Other (give title below) (specify below Chief Compliance Office | | ow) | _X_ Form filed by One Reporting Person Form filed by Men then One | | | |
| (City) | (State) | (Zip) | Table I - N | Non-Derivative Securities Beneficially Owned | | | | | | |
| 1.Title of Secur (Instr. 4) | ity | | 2. Amount o Beneficially (Instr. 4) | | 3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5) | 4. Na Owne (Instr | * | | | |
| Reminder: Repo | • | | ach class of securities benefic | cially S. | EC 1473 (7-02 | 2) | | | | |
| | inforn | nation conta | pond to the collection of ained in this form are not and unless the form displ | t | | | | | | |

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 4) | 2. Date Exercisable and Expiration Date (Month/Day/Year) | | 3. Title and Amount of Securities Underlying Derivative Security | | 4. Conversion or Exercise | 5. Ownership Form of | 6. Nature of Indirect Beneficial Ownership (Instr. 5) |
|--|--|--------------------|--|----------------------------------|------------------------------------|--|---|
| | Date Exercisable | Expiration Date | (Instr. 4) Title | Amount or Number of Shares | Price of Derivative Security | Derivative Security: Direct (D) or Indirect | |

(Instr. 5)

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Park Charles
55 EAST 52ND STREET Â Â Â Chief Compliance Officer Â

NEW YORK, NYÂ 10055

Signatures

/s/ Eugene Drozdetski as Attorney-in-Fact 06/10/2014

**Signature of Reporting Person

Explanation of Responses:

No securities are beneficially owned

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

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Remarks:

No securities are beneficially owned.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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