ROHR JAMES E Form 4 March 19, 2012

## FORM 4

#### OMB APPROVAL

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Expires: January 31, 2005 Estimated average

0.5

Form 5 obligations may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

**SECURITIES** 

response...

burden hours per

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * ROHR JAMES E			2. Issuer Name and Ticker or Trading Symbol ALLEGHENY TECHNOLOGIES INC [ATI]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
(Last) 1000 SIX PPO	(First)  G PLACE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/15/2012	_X Director 10% Owner Other (specify below)		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
PITTSBURGH, PA 15222				Form filed by More than One Reporting Person		

(City)	(State)	${\bf (Zip)} \qquad \qquad {\bf Table~I-Non-Derivative~Securities~Acquired, Disposed~of, or~Beneficially~Owned}$								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)		sed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, \$0.10 par value	03/15/2012		M	1,000	A	\$ 17.02	9,917.3352	D		
Common Stock, \$0.10 par value	03/15/2012		M	1,000	A	\$ 4.59	10,917.3352	D		
Common Stock, \$0.10 par value	03/15/2012		S	1,200	D	\$ 42.8517	9,717.3352	D		

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Common Stock, \$0.10 par value	03/15/2012	S	800	D	\$ 42.85	8,917.3352	D	
Common Stock, \$0.10 par value						9,531	I	By trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securiti (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Share
Non-Employee Director Stock Option, right to buy	\$ 17.02	03/15/2012		M	1,000	<u>(1)</u>	05/09/2012	Common Stock, \$0.10 par value	1,00
Non-Employee Director Stock Option, right to buy	\$ 4.59	03/15/2012		M	1,000	(2)	05/08/2013	Common Stock, \$0.10 par value	1,00

# **Reporting Owners**

Reporting Owner Name / Address	Relationships							
Topotong o whor tunner transcos	Director	10% Owner	Officer	Other				
ROHR JAMES E								
1000 SIX PPG PLACE	X							
PITTSBURGH, PA 15222								

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## **Signatures**

/s/ Marissa P. Earnest, attorney-in-fact for James E. Rohr

03/19/2012

\*\*Signature of Reporting Person

Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vested on May 9, 2003.
- (2) The options vested on May 8, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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