CAHOUET FRANK V

Form 4

October 02, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to

Issuer

CAHOUET FRANK V

TELEDYNE TECHNOLOGIES INC

below)

(Check all applicable)

(Last)

(First)

(Middle)

3. Date of Earliest Transaction

X Director Officer (give title

10% Owner Other (specify

1049 CAMINO DOS RIOS

10/01/2007

(Month/Day/Year)

Symbol

[TDY]

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person

Form filed by More than One Reporting

Person

THOUSAND OAKS, CA 91360

(City) (State) (Zip)

(Street)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)

2. Transaction Date 2A. Deemed (Month/Day/Year)

Execution Date, if

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D)

(Instr. 8)

5. Amount of Securities Beneficially Owned

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial Ownership (I)

Following

(Instr. 4) (Instr. 4)

(A) or

(Instr. 3, 4 and 5)

Reported Transaction(s) (Instr. 3 and 4)

Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security Conversion (Instr. 3) or Exercise

3. Transaction Date 3A. Deemed (Month/Day/Year)

Execution Date, if any

4. 5. Number of TransactionDerivative Code Securities

6. Date Exercisable and **Expiration Date** (Month/Day/Year)

7. Title and Am Underlying Sec (Instr. 3 and 4)

	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired Disposed (Instr. 3,	d of (D)			
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Non-Employee Director Stock Option (right-to-buy)	\$ 19.55	10/01/2007		D		1,585	(1)(2)	01/03/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 29.33	10/01/2007		A	1,585		(1)(2)	01/03/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 17.99	10/01/2007		D		377	(1)(2)	01/25/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 26.99	10/01/2007		A	377		(1)(2)	01/25/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 20.33	10/01/2007		D		236	(1)(2)	02/22/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 30.5	10/01/2007		A	236		(1)(2)	02/22/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 21.16	10/01/2007		D		113	(1)(2)	03/17/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 31.74	10/01/2007		A	113		(1)(2)	03/17/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 18.26	10/01/2007		D		372	(1)(2)	04/26/2015	Common Stock
Non-Employee Director Stock	\$ 27.4	10/01/2007		A	372		(1)(2)	04/26/2015	Common Stock

Option (right-to-buy)									
Non-Employee Director Stock Option (right-to-buy)	\$ 19.51	10/01/2007]	D		123	(1)(2)	04/27/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 29.27	10/01/2007		A	123		(1)(2)	04/27/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 21.78	10/01/2007]	D		110	(1)(2)	06/28/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 32.67	10/01/2007		A	110		(1)(2)	06/28/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 21.89	10/01/2007]	D		1,096	(1)(2)	07/01/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 32.84	10/01/2007	,	A	1,096		(1)(2)	07/01/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 22.79	10/01/2007]	D		855	(1)(2)	07/26/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 34.19	10/01/2007		A	855		(1)(2)	07/26/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 22.79	10/01/2007	1	D		394	(1)(2)	07/26/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 34.19	10/01/2007		A	394		(1)(2)	07/26/2015	Common Stock
Non-Employee Director Stock Option	\$ 24.48	10/01/2007]	D		122	(1)(2)	08/23/2015	Common Stock

(right-to-buy)								
Non-Employee Director Stock Option (right-to-buy)	\$ 36.72	10/01/2007	A	122		(1)(2)	08/23/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 23.54	10/01/2007	D		254	(1)(2)	10/25/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 35.32	10/01/2007	A	254		(1)(2)	10/25/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 20.5	10/01/2007	D		438	(1)(2)	12/14/2015	Common Stock
Non-Employee Director Stock Option (right-to-buy)	\$ 30.76	10/01/2007	A	438		(1)(2)	12/14/2015	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships						
.r g	Director	10% Owner	Officer	Other			
CAHOUET FRANK V 1049 CAMINO DOS RIOS THOUSAND OAKS, CA 91360	X						

Signatures

Frank V. Cahouet by Melanie S. Cibik pursuant to Power of Attorney previously filed with SEC.

10/01/2007

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - (1) On October 1, 2007, the reporting person and Teledyne Technologies Incorporated agreed to amend non-employee director stock options granted to the reporting person in 2005 in lieu of cash retainer fees and meeting fees to increase the per share exercise price of those stock options to an amount equal to the fair market value of a share of common stock of Teledyne Technologies Incorporated on the
- (1) date of grant for each option. The exercise prices of the original option grants in 2005 were determined by a formula that was based on the fair market value of common stock of Teledyne Technologies Incorporated on the date of grant and then adjusted to account for a prepayment of the exercise price equal to the amount of retainer fees and/or meeting fees foregone. The purpose of the amendment is to avoid adverse tax consequences under Section 409A of the Internal Revenue Code. (Continued in footnote 2)

(2)

Reporting Owners 4

The amendment of each stock option is reported in this Form 4 as a cancellation of the original option and the grant of a replacement option. In connection with the amendment, the reporting person will become entitled to receive, on January 2, 2008, a payment of \$63,550.00. All the stock options reported herein are fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.