TELEDYNE TECHNOLOGIES INC

Form 4

August 09, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

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0.5

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response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * SCHNITTJER DALE A			2. Issuer Name and Ticker or Trading Symbol TELEDYNE TECHNOLOGIES INC [TDY]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 12333 W. OLY	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/08/2006	Director 10% Owner Officer (give title Other (specify below) Sr. VP & CFO		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
LOS ANGELES, CA 90064				Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tak	ole I - Non-	Derivative	Secu	rities Acquii	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	(A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	08/08/2006		M	11,450	A	\$ 16.95	63,440.2411 (1)	D (1)	
Common Stock	08/08/2006		M	11,450	A	\$ 13.35	74,890.2411	D	
Common Stock	08/08/2006		S	1,500	D	\$ 38.4	73,390.2411	D	
Common Stock	08/08/2006		S	1,000	D	\$ 38.575	72,390.2411	D	
Common Stock	08/08/2006		S	1,000	D	\$ 38.77	71,390.2411	D	

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Common Stock	08/08/2006	S	10,000	D	\$ 38.46	61,390.2411	D	
Common Stock	08/08/2006	S	6,400	D	\$ 38.56	54,990.2411	D	
Common Stock	08/08/2006	S	900	D	\$ 38.9	54,090.2411	D	
Common Stock	08/08/2006	S	2,100	D	\$ 38.806	51,990.2411	D	
Common Stock	08/08/2006	S	3,613	D	\$ 39	48,377.2411	D	
Common Stock	08/08/2006	S	350	D	\$ 39	48,027.2411	I	By Trust
Common Stock	08/08/2006	S	500	D	\$ 38.704	47,527.2411	I	By Trust
Common Stock	08/08/2006	S	3,000	D	\$ 38.4	44,527.2411	I	By Trust
Common Stock	08/08/2006	S	5,700	D	\$ 38.5	38,827.2411	I	By Trust
Common Stock	08/08/2006	S	1,300	D	\$ 38.403	37,527.2411	I	By Trust
Common Stock	08/08/2006	S	950	D	\$ 38.5031	36,577.2411	I	By Trust
Common Stock	08/08/2006	S	200	D	\$ 38.4	36,377.2411	I	By Trust
Common Stock	08/08/2006	S	2,250	D	\$ 38.4113	34,127.2411	I	By Trust
Common Stock	08/08/2006	S	3,200	D	\$ 38.3125	30,927.2411 (2)	I (2)	By Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amou
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orDerivative	Expiration Date	Underlying Securi
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)		
	Derivative				or Disposed of		
	Security				(D)		
					(Instr. 3, 4,		

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and 5)

			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sl
Stock Option (right-to-buy)	\$ 16.95	08/08/2006	M			11,450	02/11/1999	02/11/2008	Common Stock	11,
Stock Option (right-to-buy)	\$ 13.35	08/08/2006	M			11,450	02/17/1999	02/17/2008	Common Stock	11,

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SCHNITTJER DALE A							
12333 W. OLYMPIC BLVD.			Sr. VP & CFO				
LOS ANGELES, CA 90064							

Signatures

Reporting Person

Dale A.
Schnittjer

**Signature of Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Prior to the completion of the 19 transactions, Reporting Person holds 32,566.2411 shares directly and 19,424 shares held indirectly in (1) The Schnittjer 2002 Trust, Co-Trustees, Dale A. Schnittjer and Victoria Lynn Schnittjer. Shares held directly include 2,053.2411 shares acquired under the Employee Stock Purchase Plan.
- With the completion of the 19 transactions, Reporting Person holds 28,953.2411 shares directly and 1,974 shares held indirectly in The (2) Schnittjer 2002 Trust, Co-Trustees, Dale A. Schnittjer and Victoria Lynn Schnittjer. Shares held directly include 2,053.2411 shares acquired under the Employee Stock Purchase Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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