RYANAIR HOLDINGS PLC Form 6-K March 16, 2005

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of March 2005

RYANAIR HOLDINGS PLC (Translation of registrant's name into English)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2 (b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-

Ryanair Holdings Plc

16 March 2005

Re: Holding in Company

A Letter from The Capital Group Companies, Inc dated 08 March 2005 to Ryanair Holdings Plc, received by Ryanair Holdings Plc on the 16 March 2005.

Re: Section 67 Notification

Enclosed is a Section 67 Notification dated 07 March 2005.

Please note that one or more of the affiliates of The Capital Group Companies, Inc. have made notifications to your company pursuant to Section 67 in the past. For a description of our organisation, please visit our Web site at www.capgroup.com.

For the purposes of this notification an outstanding share balance of 754,316,084 shares was used to calculate the percentages of holdings of the relevant share capital which determine the notifiable interest. We believe this outstanding share balance is current; however, if this number is not accurate, please contact us as soon as possible so we may make the necessary revisions to this notification.

Gina Martinez

Compliance Associate

The Capital Group Companies, Inc.

A Letter from The Capital Group Companies, Inc. to Ryanair Holdings Plc dated 07 March 2005.

Notification of Interests

(Section 67 Companies Act 1990)

This Notice is given by The Capital Group Companies, Inc. on behalf of its affiliates, including Capital Research and Management Company, Capital International, Inc., Capital International S.A., Capital Guardian Trust Company, and Capital International Limited, pursuant to Section 67 of the Companies Act, 1990.

The interest in the relevant share capital indicated below arises by virtue of holdings attributed to the Companies (see Schedule A). These holdings form part of funds managed on behalf of investment clients by the Companies.

Share capital to which this relates: Ordinary Shares (including ADRs)

Number of shares in which the Companies have a notifiable interest:

67,838,817 Ordinary Shares (including ADRs)

Name(s) of registered holder(s): See Schedule B

As of 07 March 2005

Ryanair Holdings Plc

	Number of Shares	Percent of Outstanding		
The Capital Group Companies, Inc. ("	67,838,817	8.993%		
CG") holdings				
Holdings by CG Management Companies				
and Funds:				
Capital Guardian Trust Company	9,820,000	1.302%		
Capital International Limited	25,162,874	3.336%		
Capital International S.A.	4,040,275	0.536%		
Capital International, Inc.	2,106,188	0.279%		
Capital Research and Management	26,709,480	3.541%		
Company				

Schedule A

Schedule of holdings in Ryanair Holdings, Plc

As of 07 March 2005

CAPITAL GUARDIAN TRUST COMPANY

Registered Name	Local Shares
Cede & Co 55 Water Street New York, NY 10006	7,510,000
Allied Irish Bank plc Stock Exchange and Trust Services Bank Centre P.O. Box 512 Ballsbridge Dublin 4	2,310,000
Total	9,820,000

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CAPITAL INTERNATIONAL LIMITED

Registered Name	Local Shares
State Street Nominees Limited Canary Wharf 27th Floor, 1 Canada Square London E14 5AF	71,100
Bank of New York Nominees Bank of New York 3 Birchin Lane London EC3V 9BY	2,100,550
Northern Trust C/O NorTrust Nominees Limited 155 Bishopsgate London EC2M 3XS	1,045,549
Chase Nominees Limited Woolgate House Coleman Street London EC2P 2HD	51,600
Cede & Co 55 Water Street New York NY 10006	2,021,484
Citibank London 11 Old Jewry London EC2R 8D8 UK	211,348
Nortrust Nominees 155 Bishopsgate London EC2M 3XS United Kingdom	402,6 34
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	5,638,910
Allied Irish Bank Plc Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4	3,125,851
State Street London Ltd 12-13 Nicholas Ln London EC4N 78N	896,697
Mellon Bank Global Custody Division 1 Mellon Bank Centre Room 1310 Pittsbourgh PA 15252-0001	114,000

State Street Bank & Trust Co Deutsche Bank AG 23 Great Winchester Street London EC2P 2AX United Kingdom HSBC Bank Plc Securities Services Mariner House Pepys Street London EC3N 4DA Alibank Nominees Limited Allied Irish Bank Plc Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4 Citibank N.A. (Ireland) ISFC House Custom House Quay	
23 Great Winchester Street London EC2P 2AX United Kingdom HSBC Bank Plc Securities Services Mariner House Pepys Street London EC3N 4DA Alibank Nominees Limited Allied Irish Bank Plc Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4 Citibank N.A. (Ireland) ISFC House Custom House Quay	
Securities Services Mariner House Pepys Street London EC3N 4DA Alibank Nominees Limited 2,521,693 Allied Irish Bank Plc Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4 Citibank N.A. (Ireland) 1,569,000 ISFC House Custom House Quay	
Allied Irish Bank Plc Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4 Citibank N.A. (Ireland) 1,569,000 ISFC House Custom House Quay	
ISFC House Custom House Quay	
Dublin 1	
Bank of Ireland Nominees Limited 2,105,566 Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place	
Citibank N.A. (Dublin) 57,500 IFSC House Custom House Quay Dublin 1	
AIB Custodial Nominees Limited 400,000	
Clydesale Bank Plc 706,546	
JP Morgan Chase Bank 854,832	
Total 25,161,87	4

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Capital International S.A

Registered Name	Local Shares
Cede & Co 55 Water Street New York NY 10006	3,761,635
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place	11,400

Dublin 1

Bank of Ireland Nominees Limited Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place	226,740
Citibank N.A (Dublin) IFSC House Custom House Quay Dublin 1	40,500
Total	4,040,275

Schedule B

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Capital International, Inc

Registered Name	Local Shares
Cede & Co 55 Water Street New York, NY 10006	1,697,500
NorTrust Nominees Limited 155 Bishopsgate London EC2M 3XS United Kingdom	22,200
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	116,200
State Street Australia Limited Australia	30,500
Alibank Nominees Limited Allied Irish Bank Stock Exchange and Trust Servcies Bank Centre P.O. Box 512 Dublin Ballsbridge	225,688
AIB Custodial Nominees Limited	14,100
Total	2,106,188

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Capital Research and Management Company

Registered Name

Cede & Co

55 Water Street
New York, NY 10006

Total

Local Shares

26,709,480

Schedule B

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 16 March 2005

By:___/s/ Howard Millar____

H Millar

Company Secretary & Finance Director