BJs RESTAURANTS INC

Form 4

January 16, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB

OMB APPROVAL

Number:

3235-0287

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

See Instruction

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person * DAL POZZO JAMES | | | 2. Issuer Name and Ticker or Trading Symbol BJs RESTAURANTS INC [BJRI] | 5. Relationship of Reporting Person(s) to Issuer | | |
|---|----------|----------|---|--|--|--|
| (Last) | (First) | (Middle) | 3. Date of Earliest Transaction | (Check all applicable) | | |
| 2200 WEST VALLEY BLVD. | | LVD. | (Month/Day/Year) 01/15/2014 | X_ Director 10% Owner Officer (give title below) Other (specify below) | | |
| | (Street) | | 4. If Amendment, Date Original | 6. Individual or Joint/Group Filing(Check | | |
| ALHAMBRA, CA 91803 | | | Filed(Month/Day/Year) | Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | |

| (City) | (State) (| (Zip) Table | e I - Non-D | Derivative | Secur | ities A | cquired, Disposed | l of, or Benefic | ially Owned |
|--------------------------------------|---|---|--|-------------------|--------------------------------------|---|---|------------------|--------------------------------|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A) | | 5. Amount of 6. Securities Ownership | Ownership Form: Direct (D) or Indirect (I) | 7. Nature of Indirect t Beneficial Ownership (Instr. 4) | | |
| Common | | | Code V | Amount | ` ´ | Price | (Instr. 3 and 4) | | |
| Stock (2) | 01/15/2014 | | A | 1,339 | A | \$ 0 | 2,511 | D | |
| Common Stock | | | | | | | 22,093 | D | |
| Common Stock | | | | | | | 1,678,519 | I | The Jacmar Companies (1) |
| Common Stock | | | | | | | 26,913 | I | The John Tilley 1992 Trust (1) |
| Common | | | | | | | 17,313 | I | The Nicole |

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| Stock | | | Tilley 1992 Trust (1) |
|---|------------------------|---|--|
| Common Stock | 120,000 | I | The John Tilley 2012 Trust (1) |
| Common Stock | 120,000 | I | The Nicole Tilley 2012 Trust (1) |
| Common Stock | 1,123,321 | I | The William Tilley Trust |
| Daminday Danart an a caparata line for each class of caparities handicially award | directly or indirectly | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transacti Code (Instr. 8) | 5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amo Underlying Secu (Instr. 3 and 4) | |
|---|---|---|---|---------------------------------------|---|--|-----------------|---|----------------|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | An or No of Sh |
| Non-Qualified Common Stock Option | \$ 29.88 | 01/15/2014 | | A | 3,749 | 01/15/2015(3) | 01/15/2024 | Common Stock | 3 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | |
|---|---------------|-----------|---------|-------|--|--|
| Troporting of their remarks | Director | 10% Owner | Officer | Other | | |
| DAL POZZO JAMES 2200 WEST VALLEY BLVD. ALHAMBRA, CA 91803 | X | | | | | |

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Signatures

/s/Dianne Scott, Attorney-in-fact for James A. Dal Pozzo 01/16/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person disclaims beneficial ownership of these securities, except to the extent of the reporting person's pecuniary interest therein.
- (2) Represents the grant of restricted stock units to the reporting person. Each restricted stock unit represents a contingent right to receive one share of the Issuer's common stock.
- (3) The option vests 33 1/3% on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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