BJs RESTAURANTS INC

Form 4

January 16, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

Estimated average burden hours per response... 0.5

See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person * Hyde William L. | | | 2. Issuer Name and Ticker or Trading Symbol | 5. Relationship of Reporting Person(s) to Issuer | | |
|---|----------|----------|--|---|----------------|--|
| | | | BJs RESTAURANTS INC [BJRI] | (Check all applicable) | | |
| (Last) | (First) | (Middle) | 3. Date of Earliest Transaction | | | |
| | | | (Month/Day/Year) | _X_ Director | 10% Owner | |
| 7755 CENTER AVENUE, SUITE 300 | | | 01/15/2014 | Delow) Officer (give title below) below | | |
| | (Street) | | 4. If Amendment, Date Original | 6. Individual or Joint/Grou | p Filing(Check | |
| | | | Filed(Month/Day/Year) | Applicable Line) _X_ Form filed by One Reporting Person | | |
| HUNTINGTON REACH CA 92647 | | | | Form filed by More than 0 | One Reporting | |

HUNTINGTON BEACH, CA 92647

| (City) | (State) (Z | Zip) Table | I - Non-Do | erivative S | ecuri | ties Ac | quired, Disposed | of, or Beneficia | lly Owned |
|---------------------|--------------------------------------|-------------------------|-----------------|---------------------|------------------|---------|--|--------------------------------------|----------------------------------|
| 1.Title of Security | 2. Transaction Date (Month/Day/Year) | Execution Date, if | | 4. Securit | (A) o | | 5. Amount of Securities | 6. Ownership Form: Direct | 7. Nature of Indirect Beneficial |
| (Instr. 3) | | any (Month/Day/Year) | Code (Instr. 8) | Disposed (Instr. 3, | , | ′ | Beneficially Owned Following | (D) or Indirect (I) (Instr. 4) | Ownership (Instr. 4) |
| | | | Code V | Amount | (A) or (D) | Price | Reported Transaction(s) (Instr. 3 and 4) | | |
| Common Stock (1) | 01/15/2014 | | A | 1,339 | A | \$ 0 | 2,511 | D | |
| Common Stock | | | | | | | 4,500 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | Date, if Transactio Code | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|--------------------------------------|---|-----------------------------|---------|--|--------------------|---|--|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Non Qualified Stock Options | \$ 29.88 | 01/15/2014 | | A | 3,749 | 01/15/2015(2) | 01/15/2024 | Common Stock | 3,749 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | |
|--|---------------|-----------|---------|-------|--|--|
| 1 | Director | 10% Owner | Officer | Other | | |
| Hyde William L. 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647 | X | | | | | |

Signatures

/s/Dianne Scott Attorney-in-fact for William L.
Hyde 01/16/2014

Explanation of Responses:

**Signature of Reporting Person

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the grant of restricted stock units to the reporting person. Each restricted stock unit represents a contingent right to receive one share of the Issuer's common stock.

Date

(2) The option vests 33 1/3% on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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