#### Edgar Filing: BJs RESTAURANTS INC - Form 4

	JRANTS INC									
Form 4 January 16, 2	2014									
FORM									PPROVAL	
	UNITEDS	TATES SECUR Was	ITIES Al hington, 1			NGE	COMMISSION	OMB Number:	3235-0287	
Check thi if no long subject to Section 10 Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	6. Filed pursu Section 17(a)	ENT OF CHANG uant to Section 16 ) of the Public Uti 30(h) of the Inv	<b>SECUR</b> (a) of the ility Hold	Expires: January 31 2005 Estimated average burden hours per response 0.5						
(Print or Type R	Responses)									
1. Name and A KING J ROO	Symbol	2. Issuer Name <b>and</b> Ticker or Trading Symbol BJs RESTAURANTS INC [BJRI]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Mi	iddle) 3. Date of	3. Date of Earliest Transaction				(Cne	(Check all applicable)		
7755 CENT	ER AVENUE, SU		(Month/Day/Year) 01/15/2014				_X_Director10% Owner Officer (give titleOther (specify below)below)			
			4. If Amendment, Date Original Filed(Month/Day/Year)				<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> </ul>			
HUNTINGT	TON BEACH, CA	92647					Form filed by I Person	More than One R	eporting	
(City)	(State) (Z	Zip) Table	e I - Non-De	erivative S	ecurit	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8) Code V	Disposed (Instr. 3,	(A) o of (D	)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock (2)	01/15/2014		А	1,339	Α	\$0	2,511	D		
Common Stock							20,000	D		
Common Stock, no par value							3,550	I	By Spouse $(1)$	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of<br/>information contained in this form are not<br/>required to respond unless the formSEC 1474<br/>(9-02)

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# displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non Qualified Stock Options	\$ 29.88	01/15/2014		А	3,749	01/15/2015(3)	01/15/2024	Common Stock	3,749

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>		Relationsh	ips	
	Director	10% Owner	Officer	Other
KING J ROGER 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647	Х			
Signatures				
/s/Dianne Scott, Attorney-in-fact for J King	01/	/16/2014	L	
**Signature of Reporting Person		Date		

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person disclaims beneficial ownership of these securities, except to the extent of the reporting person's pecuniary interest therein.
- (2) Represents the grant of restricted stock units to the reporting person. Each restricted stock unit represents a contingent right to receive one share of the Issuer's common stock.
- (3) The option vests 33 1/3% on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.