### Edgar Filing: ALLENDER PATRICK W - Form 4

	R PATRICK W												
Form 4	2005												
August 01,											PPROVAL		
					URITIES AND EXCHANGE COMMISSION						3235-0287		
Check this box				Vashington, D.C. 20549						Number: Expires:	January 31,		
if no lo subject Section Form 4 Form 5	to SIAIEI 16. or	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHI SECURITIES									2005 average rs per 0.5		
obligati may co	ions Section 17	(a) of the	Public I	Utility H	Hol		npan	y Act of	e Act of 1934, 1935 or Section 0				
(Print or Type	e Responses)												
ALLENDER PATRICK W Symbol				·····					5. Relationship of Reporting Person(s) to assuer				
								<b>`</b> ]	(Check all applicable)				
(Mont									Director X Officer (give t below) Exe	Officer (give title Other (specify			
				l(Month/Day/Year) Aj					Applicable Line) _X_ Form filed by Or	. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting			
WASHING	GTON, DC 20006	5							Person	sie man one Re	porting		
(City)	(State)	(Zip)	Ta	ble I - No	on-	Derivative	Secur	ities Acqu	iired, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	curity (Month/Day/Year) Execution Date, if			Code (Instr. 3, 4 and 5)					Securities Beneficially Owned Following Reported Transaction(s)	6. 7. Nature of Ownership Indirect Form: Beneficial Direct (D) Ownership or Indirect (Instr. 4) (I) (Instr. 4)			
G				Code	V	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	07/28/2005			S		100,000	D	\$ 56.035	7 140,640	D			
Common Stock	07/28/2005			S		60,000	D	\$ 56.005	8 80,640	D			
Common Stock									44,760	Ι	Grantor trusts		
Common Stock									24,200	Ι	Family partnership		
Common Stock									55,200 <u>(1)</u>	Ι	Spouse		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4. T	5.	6. Date Exerc		7. Titl		8. Price of	9. Nu
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transact Code (Instr. 8)	orNumber of Derivative Securities Acquired (A) or Disposed of (D)	Expiration Date (Month/Day/Year)		Amount of Underlying Securities (Instr. 3 and 4)	Security (Instr. 5)	Deriv Secur Bene Owne Follo Repo Trans	
					(Instr. 3, 4, and 5)						(Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
reporting o ther runnet runness	Director	10% Owner	Officer	Other			
ALLENDER PATRICK W 2099 PENNSYLVANIA AVENUE NW 12TH FLOOR WASHINGTON, DC 20006			Executive VP				
Signatures							
/s/ James F. O'Reilly, attorney-in-fac Allender	t for Patr	ick W.	07/29/2005				
**Signature of Reporting Pe	Date						

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person disclaims beneficial ownership of these shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.