Beausoleil Phillip H Form 4 April 19, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB

OMB APPROVAL

Number:

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Expires:

January 31, 2005

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Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Washington, D.C. 20549

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Beausoleil	Address of Reporting Phillip H	Symbol	er Name and Ticker or Trading Bearings INC [ROLL]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (of Earliest Transaction	`	all applicable		
	RINGS RATED, ONE GY CENTER	(Month/ 03/27/:	Day/Year) 2007	Director 10% OwnerX Officer (give title Other (specify below) General Manager			
	(Street)	4. If Am	endment, Date Original	6. Individual or Joint/Group Filing(Check			
OXFORD,	, CT 06478	Filed(Mo	onth/Day/Year)	Applicable Line) _X_ Form filed by Or Form filed by Mo			
(City)	(State)	(Zip) Tal	ole I - Non-Derivative Securities Acc		or Beneficiall	y Owned	
1.Title of Security	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if	3. 4. Securities Acquired (A Transactionar Disposed of (D)	5. Amount of Securities	6. Ownership	7. Natur Indirect	

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if any	Code	4. Securities Acquired (A) oner Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially	6. Ownership Form:	7. Nature of Indirect Beneficial
		(Month/Day/Year)	(Instr. 8) Code V	(A) or Amount (D) Price	Owned Following Reported Transaction(s) (Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock	04/17/2007		S	10,000 D \$ 36.6187	5,000 (1)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secu Acqu or Di (D)	rities nired (A) sposed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shar
Option to Purchase Common Stock	\$ 8	04/17/2007		X		10,000	03/26/2006	04/04/2012	Common Stock	10,00
Option to Purchase Common Stock	\$ 12						03/29/2006	07/01/2012	Common Stock	12,50
Option to Purchase Common Stock	\$ 22.66						07/12/2007(2)	07/12/2013	Common Stock	20,00

Reporting Owners

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
Beausoleil Phillip H						
RBC BEARINGS INCORPORATED			General			
ONE TRIBOLOGY CENTER			Manager			
OXFORD, CT 06478						

Signatures

Thomas J.
Williams

**Signature of Person

Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 5,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/5 lapse on 7/12/07, 1/5 lapse on 7/12/08, 1/5 lapse on 7/12/09, 1/5 lapse on 7/12/10 and 1/5 vest on 7/12/11. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may vest upon the happening of certain events.
- Options to purchase shares of common stock are subject to the following vesting schedule: 1/5 vest on 7/12/07, 1/5 vest on 7/12/08, 1/5 vest on 7/12/09, 1/5 vest on 7/12/10 and 1/5 vest on 7/12/11.

Reporting Owners 2

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.