SEALED AIR CORP/DE

Form 4 April 18, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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OMB APPROVAL

Form 4 or Form 5 obligations may continue.

See Instruction

Check this box

if no longer

subject to

Section 16.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * SMAGORINSKY FREDERICK

2. Issuer Name and Ticker or Trading

Symbol

04/18/2005

SEALED AIR CORP/DE [SEE]

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

below)

(First) (Middle) (Last)

3. Date of Earliest Transaction

(Month/Day/Year)

Director 10% Owner X_ Officer (give title Other (specify

C/O SEALED AIR CORPORATION, PARK 80 EAST

4. If Amendment, Date Original

Vice President 6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

(Street) Filed(Month/Day/Year)

(Zip)

SADDLE BROOK, NJ 07663

(State)

(City)

Common

Stock

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of	2. Transaction Date	3.	4. Securi	. Securities		5. Amount of	6.	7. Nature of	
Security	(Month/Day/Year)	Execution Date, if	TransactionAcquired (A) or			Securities	Ownership	Indirect Beneficial	
(Instr. 3)		any	Code	Disposed of (D)			Beneficially	Form:	Ownership
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)			Owned	Direct (D)	(Instr. 4)
							Following	or Indirect	
					(4)		Reported	(I)	
					(A)		Transaction(s)	(Instr. 4)	
			C-1- V		or	D.::	(Instr. 3 and 4)		
a			Code V	Amount	(D)	Price			
Common	04/18/2005		M	4,000	A	\$ 1	18.060	D	
Stock	0 1/ 10/ 2003		171	1,000		ΨΙ	10,000	D	
									D
Common									Ву

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Profit-Sharing

Plan

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number ion Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Award (Right to Buy)	\$ 1	04/18/2005		M		4,000	02/16/2005	04/18/2005	Common Stock	4,000

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SMAGORINSKY FREDERICK C/O SEALED AIR CORPORATION PARK 80 EAST SADDLE BROOK, NJ 07663

Vice President

Signatures

Frederick

Smagorinsky 04/18/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects unit/share adjustments to the reporting person's holdings under the Sealed Air Corporation Profit-Sharing Plan, a tax conditioned plan.
- (2) Award made under Contingent Stock Plan of Sealed Air Corporation.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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