## Edgar Filing: WENTZ MYRON W - Form 4

WENTZ MY Form 4	YRON W										
February 05	, 2019										
FORM			CECU		ND EX		NCEO			PROVAL	
		shington,			INGE C	OMMISSION	OMB Number:	3235-0287			
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Statement OF CHANGES IN BENEFICIAL OWNERSHIP ( SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 193 Section 17(a) of the Public Utility Holding Company Act of 1935 or Sec 30(h) of the Investment Company Act of 1940						Act of 1934, 1935 or Section	Estimated average burden hours per response 0.5				
(Print or Type ]	Responses)										
τ			2. Issuer Name <b>and</b> Ticker or Trading Symbol USANA HEALTH SCIENCES INC [USNA]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
	(First) (1 A HEALTH SCII WEST PARKWA		3. Date of (Month/E 02/01/2	-	ransaction			X Director Officer (give t below)		Owner r (specify	
SALT LAK	Amendment, Date Original Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State)	(Zip)	Tab	le I - Non-F	)erivative	Secu	rities Acai	iired, Disposed of,	or Beneficiall	v Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		ned 1 Date, if	3. 4. Securities Acquired Transactior(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6.	7. Nature of Indirect	
Common Stock	02/01/2019			S <u>(1)</u>		D	\$ 114.34 (2) (3)	9,886,952 (12)	I	Shares owned of record by Gull Global Limited (4)	
Common Stock	02/01/2019			S <u>(1)</u>	2,910	D	\$ 115.57 ( <u>3)</u> ( <u>5)</u>	9,884,042	Ι	Shares owned of record by Gull	

							Global Limited (4)
Common Stock	02/01/2019	S <u>(1)</u>	8,354	D		I	Shares owned of record by Gull Global Limited <u>(4)</u>
Common Stock	02/01/2019	S <u>(1)</u>	719	D	\$ 116.97 9,874,969 (3) (7)	I	Shares owned of record by Gull Global Limited <u>(4)</u>
Common Stock	02/04/2019	S <u>(1)</u>	1,400	D	\$ 114.19 9,873,569 (3) (8)	I	Shares owned of record by Gull Global Limited <u>(4)</u>
Common Stock	02/04/2019	S <u>(1)</u>	2,600	D	\$ 115.32 9,870,969 (3) (9)	I	Shares owned of record by Gull Global Limited <u>(4)</u>
Common Stock	02/04/2019	S <u>(1)</u>	4,555	D	\$ 116.32 9,866,414 (3) (10)	I	Shares owned of record by Gull Global Limited <u>(4)</u>
Common Stock	02/04/2019	S <u>(1)</u>	800	D	(3) (11) (11) (11) (11) (11) (11) (11) (	I	Shares owned of record by Gull Global Limited ( <u>4)</u>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

# **Reporting Owners**

Reporting Owner Name / Address		Relationships							
Treporting of the Finance Finances	Director	10% Owner	Officer	Other					
WENTZ MYRON W C/O USANA HEALTH SCIENCES, INC 3838 WEST PARKWAY BLVD SALT LAKE CITY, UT 84120	C. X								
Signatures									
/s/ Valarie A. Hing, Attorney in Fact	02/05/2019								
**Signature of Reporting Person	Date								
Explanation of Respon	ses:								

### \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- (2) Weighted average price. Price range in multiple transactions was \$113.94 to \$114.93, inclusive.
- (3) The reporting person undertakes to provide USANA Health Sciences, Inc., any security holder thereof or the staff of the Securities Exchange Commission information regarding the number of shares sold at each price within the ranges set forth.
- (4) The holder of record of the shares of Common Stock disposed of is Gull Global Limited, an entity wholly indirectly owned and controlled by Dr. Myron W. Wentz.
- (5) Weighted average price. Price range in multiple transactions was \$114.94 to \$115.93, inclusive.
- (6) Weighted average price. Price range in multiple transactions was \$115.94 to \$116.80, inclusive.
- (7) Weighted average price. Price range in multiple transactions was \$116.94 to \$117.10, inclusive.
- (8) Weighted average price. Price range in multiple transactions was \$113.70 to \$114.68, inclusive.
- (9) Weighted average price. Price range in multiple transactions was \$114.82 to \$115.81, inclusive.
- (10) Weighted average price. Price range in multiple transactions was \$115.82 to \$116.76, inclusive.
- (11) Weighted average price. Price range in multiple transactions was \$116.82 to \$117.00, inclusive.

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The total number of outstanding shares reflects 300 shares fewer than the total number of shares last reported as beneficially owned on a
(12) Form 4 filed on January 4, 2019, which 300 shares were sold on January 4, 2019, at an average weighted price of \$115.00, with actual prices ranging from \$114.71 to \$115.67 (and were in addition to the sales reported on the Form 4 filed on January 4, 2019).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.