OVERSEAS SHIPHOLDING GROUP INC

Form 4

August 24, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Issuer

Expires:

January 31, 2005

0.5

Estimated average

burden hours per

OMB APPROVAL

response...

5. Relationship of Reporting Person(s) to

(Check all applicable)

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Symbol

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

OVERSEAS SHIPHOLDING

GROUP INC (OSG)

1(b).

(Print or Type Responses)

FRIBOURG CHARLES

1. Name and Address of Reporting Person *

				GROU	P INC [O	SG			`				
(Last) (First) (Middle) 277 PARK AVENUE			3. Date of Earliest Transaction (Month/Day/Year) 08/23/2010					_X_ Director 10% Owner Officer (give title Other (specify below)					
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
	NEW YOR	K, NY 10172						Po	Form filed by More than One Reporting Person				
	(City)	(City) (State) (Zip) Table I - Non-Derivative Securitie				ities Acqui	Acquired, Disposed of, or Beneficially Owned						
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any (Month/D	Date, if	3. Transaction Code (Instr. 8)	4. Securiti omr Disposo (Instr. 3, 4)	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Common Stock, par value \$1.00 per share	08/23/2010			J		A	\$ 32.878	96,276	I (2)	(2)		
	Common Stock, par value \$1.00 per share	08/23/2010			J	100 (1)	A	\$ 32.885	96,376	I (2)	(2)		
	Common Stock, par	08/23/2010			J	525 (1)	A	\$ 32.9	96,901	I (2)	(2)		

value \$1.00 per share								
Common Stock, par value \$1.00 per share	08/23/2010	J	175 <u>(1)</u>	A	\$ 32.91	97,076	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	100 (1)	A	\$ 32.9199	97,176	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	500 (1)	A	\$ 32.92	97,676	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	100 (1)	A	\$ 32.925	97,776	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	473 <u>(1)</u>	A	\$ 32.93	98,249	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	100 (1)	A	\$ 32.932	98,349	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	100 (1)	A	\$ 32.935	98,449	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	804 (1)	A	\$ 32.94	99,253	I (2)	(2)
Common Stock, par value	08/23/2010	J	1,023 (1)	A	\$ 32.95	100,276	I (2)	(2)

\$1.00 per share								
Common Stock, par value \$1.00 per share	08/23/2010	J	100 (1)	A	\$ 32.955	100,376	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	300 (1)	A	\$ 32.9595	100,676	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	400 (1)	A	\$ 32.96	101,076	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	100 (1)	A	\$ 32.965	101,176	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	100 (1)	A	\$ 32.966	101,276	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	200 (1)	A	\$ 32.9699	101,476	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	1,200 (1)	A	\$ 32.97	102,676	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	100 (1)	A	\$ 32.974	102,776	I (2)	(2)
Common Stock, par value \$1.00 per	08/23/2010	J	400 (1)	A	\$ 32.98	103,176	I (2)	(2)

share								
Common Stock, par value \$1.00 per share	08/23/2010	J	400 (1)	A	\$ 32.982	103,576	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	700 (1)	A	\$ 32.984	104,276	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	200 (1)	A	\$ 32.985	104,476	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	200 (1)	A	\$ 32.986	104,676	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	3 (1)	A	\$ 32.9898	104,679	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	700 (1)	A	\$ 32.9899	105,379	I (2)	(2)
Common Stock, par value \$1.00 per share	08/23/2010	J	35,097 (1)	A	\$ 32.99	140,476	I (2)	(2)
Common Stock, par value \$1.00 per share						1,600	I (3)	(3)
Common Stock, par value \$1.00 per share						18,075	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	le and	8. Price of	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	ionNumber	Expiration D	ate	Amou	int of	Derivative	
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	rlying	Security	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Secur	ities	(Instr. 5)	1
	Derivative				Securities	3		(Instr.	3 and 4)		
	Security				Acquired						1
	•				(A) or						1
					Disposed						,
					of (D)						,
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration		or		
						Exercisable Date	Title	Number			
						LACICISABIC	Dute		of		
				Code V	$^{\prime}$ (A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
FRIBOURG CHARLES								
277 PARK AVENUE	X							

277 PARK AVENUE NEW YORK, NY 10172

Signatures

/s/James I. Edelson, Attorney-in-Fact pursuant to a power of attorney previously filed

08/24/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Purchased pursuant to a trading plan adopted pursuant to Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) These shares are held indirectly through an entity. The Reporting Person disclaims beneficial ownership of these shares except to the extent of his pecuniary interest in these shares.
- (3) These shares are owned by the Reporting Person's spouse. The Reporting Person disclaims beneficial ownership of these shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 5

ce of 9. Nu ative Deriv ity Secu

SEC 1474

(9-02)

Secur Bene Own Follo Repo Trans (Instr