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OPNET TEC Form 4 February 10,	CHNOLOGIES IN 2010	IC										
FORM	1 4								OMB AF	PROVAL		
-	UNITED	STATES		RITIES A shington,			NGE C	COMMISSION	OMB Number:	3235-0287		
Check thi if no long	ter								Expires:	January 31, 2005		
subject to STATEMENT OF CHANGES IN						ICIA	LOW	Estimated average				
	Section 16. SECURITIES							burden hour response	rs per 0.5			
Form 5	Filed purs	suant to S	Section 1	6(a) of the	e Securit	ies E	xchang	e Act of 1934,	0.0			
obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a	a) of the I	Public Ut		ling Con	npan	y Act of	1935 or Section	I			
(Print or Type F	Responses)											
COHEN MARC A Symbol			er Name and Ticker or Trading F TECHNOLOGIES INC				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 3. Date of (Month/Da 7255 WOODMONT AVE 02/08/20			-				_X_ Director _X_ 10% Owner _X_ Officer (give title Other (specify below) below) Chairman, CEO, Treas, and Sec					
				nendment, Date Original fonth/Day/Year)				6. Individual or Joint/Group Filing(Check				
								Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State) ((Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any		3. Transactic Code (Instr. 8) Code V	(Instr. 3,	ispose 4 and (A) or	d of (D)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	02/08/2010			S	975	D	\$ 13.61	2,667,249	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Addre	SS	Relationships						
1	Director	10% Owner	Officer	Other				
COHEN MARC A 7255 WOODMONT AVE BETHESDA, MD 20814	Х	Х	Chairman, CEO, Treas, and Sec					
Signatures								
Marc A. Cohen	02/10/2010							
<u>**</u> Signature of	Date							

Reporting Person

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v). *

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.