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Form 4												
anuary 18, 2018 FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSI								OMB APPROVAL				
UNITED STATES SECURITI				S AND EXCHANGE COMMISSION ton, D.C. 20549				OMB Number:	3235-0	0287		
Check this bo if no longer subject to Section 16. Form 4 or Form 5 obligations	S' F	iled pursuant to	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Sectior)F 4,		ed average nours per	y 31, 2005 0.5	
may continue See Instruction 1(b).	•		of the Investmen	•	· ·		935 or Sec	ction				
(Print or Type Resp	onses)											
1. Name and Addro Bair Sheila Col		Reporting Person <u>*</u>	2. Issuer Name a Symbol HOST HOTEL [HST]			Is	Relationshi suer (C	•	Reporting I all applica			
(Last) (First) (Middle) 6903 ROCKLEDGE DRIVE, SUITE 1500			3. Date of Earliest Transaction (Month/Day/Year) 01/16/2018				X_ Director 10% Owner Officer (give title Other (specify below) below)					
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
BETHESDA, N	/ID 20	0817				Pe	_ Form filed erson	by Mo	re than One	e Reporting		
(City)	(State)	(Zip)	Table I - Non	-Derivative	e Securities A	cquir	ed, Dispose	ed of, o	or Benefic	cially Owned	l	
1.Title of Security (Instr. 3)		2. Transaction Date Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code	4. Securities nor Disposed of (Instr. 3, 4 and	of (D)	E E E E E E E E E E E E E E E E E E E	Securit Benefi Ownec Follow Report Fransa	cially d ving ted action(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Restricted-Ann Director Stock Award		01/16/2018		Code V J <u>(1)</u>	Amount 472.8844	(D) A	\$		3 and 4) 98.9282	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3. Transaction Date 3A. Deemed 5. 6. Date Exercisable and 7. Title and 8. Price of 2. 4. Derivative Conversion (Month/Day/Year) Execution Date, if TransactionNumber **Expiration Date** Amount of Derivative of Security or Exercise any Code (Month/Day/Year) Underlying Security (Instr. 3) Price of (Month/Day/Year) (Instr. 8) Securities (Instr. 5) Derivative (Instr. 3 and 4) Derivative Securities Security Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) Amount or Date Expiration Title Number Exercisable Date of Code V (A) (D) Shares

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer /18/2018	Other			
Bair Sheila Colleen 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817	X						
Signatures							
By: Elizabeth A. Abdoo For: S C. Bair	heila	01/					
** Signature of Reporting Person			Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to the Non-Employee Directors' Deferred Stock Compensation Plan, reporting person is required to reinvest cash dividends in shares of additional Host Hotels & Resort's common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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