Hensman Kevan Byron Form 4/A October 02, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person *

Hensman Kevan Byron

2. Issuer Name and Ticker or Trading

Symbol

ASPEN EXPLORATION CORP

[ASPN]

3. Date of Earliest Transaction

(Month/Day/Year) 09/30/2009

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

C/O ASPEN EXPLORATION CORPORATION, 2050 S ONEIDA

(First)

ST SUITE 208

1.Title of

Security

(Instr. 3)

(Last)

(Middle)

Filed(Month/Day/Year)

3.

(Instr. 8)

03/10/2008

_X__ Director 10% Owner X_ Officer (give title Other (specify below)

Chief Financial Officer and VP

(Street) 4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

DENVER, CO 80224-2426

(City) (State) (Zip)

Execution Date, if

(Month/Day/Year)

2. Transaction Date 2A. Deemed

(Month/Day/Year)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

4. Securities TransactionAcquired (A) or Code Disposed of (D)

5. Amount of Securities Beneficially Owned Following

6. Ownership 7. Nature of Form: Direct Indirect (D) or Indirect Beneficial Ownership (Instr. 4) (Instr. 4)

Reported Transaction(s) (Instr. 3 and 4)

Code V Amount (D) Price

(Instr. 3, 4 and 5)

(A)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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4.

3. Transaction Date 3A. Deemed

09/30/2009

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transacti Code (Instr. 8)	orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4,		Expiration Date (Month/Day/Year	9)	Underlying S (Instr. 3 and	
				Code V	and 5) (A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Option (1)	\$ 3.7						09/11/2006	09/11/2011	Common Stock	10,000

J

5. Number of

Date Exercisable and

33,333 09/30/2008⁽²⁾ 02/27/2013

7. Title and Amount of

Common

Stock

33,333

Reporting Owners

\$ 2.14

1. Title of 2.

Option

Hensman

**Signature of

Reporting Person

(2)

Reporting Owner Name / Address	Relationships						
1.00	Director	10% Owner	Officer	Other			
Hensman Kevan Byron C/O ASPEN EXPLORATION CORPORATION 2050 S ONEIDA ST SUITE 208 DENVER, CO 80224-2426	X		Chief Financial Officer and VP				
Signatures							
/s/ Kevan B. 10/02/2009							

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction is exempt from Section 16(b) pursuant to Rule 16b-3(d).

On February 27, 2008 Mr. Hensman was granted an option to purchase 100,000 of common stock pursuant to the Aspen Exploration Corporation 2008 Equity Plan. 1/3 of the shares were to vest on each September 30, of 2008, 2009, and 2010 if certain performance

criteria are met. On September 30, 2008, 18,120 of the options were deemed earned (based on the 2008 fiscal year performance criteria), **(2)** and 15,213 were deemed unearned; on September 30, 2009 33,333 of the options were deemed unearned (and thus did not vest); and as of the date of this filing 33,333 remain unvested and will only vest if certain company performance objectives are met during the 2010 fiscal year. The unvested options are not yet subject to the reporting requirements.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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