

INTEGRA LIFESCIENCES HOLDINGS CORP
 Form 4
 June 17, 2008

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
HENNEMAN JOHN B III

2. Issuer Name and Ticker or Trading Symbol
INTEGRA LIFESCIENCES HOLDINGS CORP [IART]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
311 C ENTERPRISE DRIVE
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
06/13/2008

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
EVP, Finance & Admin & CFO

PLAINSBORO, NJ 08536

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	06/13/2008		M ⁽¹⁾	10,000 A \$ 14.87	38,072	D	
Common Stock	06/13/2008		S	42 D \$ 44.89	38,030	D	
Common stock	06/13/2008		S	758 D \$ 44.9	37,272	D	
Common stock	06/13/2008		S	200 D \$ 44.91	37,072	D	
Common Stock	06/13/2008		S	700 D \$ 44.92	36,372	D	

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Common Stock	06/13/2008	S	800	D	\$ 44.93	35,572	D
Common Stock	06/13/2008	S	300	D	\$ 44.94	35,272	D
Common Stock	06/13/2008	S	1,000	D	\$ 44.95	34,272	D
Common Stock	06/13/2008	S	200	D	\$ 44.96	34,072	D
Common Stock	06/13/2008	S	100	D	\$ 44.98	33,972	D
Common Stock	06/13/2008	S	500	D	\$ 44.99	33,472	D
Common Stock	06/13/2008	S	100	D	\$ 45	33,372	D
Common stock	06/13/2008	S	100	D	\$ 45.05	33,272	D
Common Stock	06/13/2008	S	100	D	\$ 45.07	33,172	D
Common Stock	06/13/2008	S	100	D	\$ 45.06	33,072	D
Common Stock	06/13/2008	S	100	D	\$ 44.7	32,972	D
Common Stock	06/13/2008	S	100	D	\$ 44.72	32,872	D
Common Stock	06/13/2008	S	200	D	\$ 44.73	32,672	D
Common Stock	06/13/2008	S	100	D	\$ 44.77	32,572	D
Common Stock	06/13/2008	S	200	D	\$ 44.78	32,372	D
Common Stock	06/13/2008	S	100	D	\$ 44.79	32,272	D
Common Stock	06/13/2008	S	100	D	\$ 44.8	32,172	D
Common Stock	06/13/2008	S	200	D	\$ 44.82	31,972	D
Common stock	06/13/2008	S	100	D	\$ 44.84	31,872	D
Common Stock	06/13/2008	S	1,700	D	\$ 44.85	30,172	D
	06/13/2008	S	800	D		29,372	D

Common Stock					\$				44.86
Common Stock	06/13/2008		S	500	D	\$	28,872		44.87
Common Stock	06/13/2008		S	700	D	\$	28,172		44.88
Common Stock	06/13/2008		S	100	D	\$	28,072		44.89

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
Non-Qualified Stock Option (right to buy)	\$ 14.87	06/13/2008		M ⁽¹⁾	8,331	⁽²⁾ 08/02/2008	Common Stock	8,331
Incentive Stock Option (right to buy)	\$ 14.87	06/13/2008		M ⁽¹⁾	835	⁽³⁾ 08/02/2008	Common Stock	835
Incentive Stock Option (right to buy)	\$ 14.87	06/13/2008		M ⁽¹⁾	834	⁽⁴⁾ 08/02/2008	Common Stock	834

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

EVP, Finance & Admin & CFO

HENNEMAN JOHN B III
311 C ENTERPRISE DRIVE
PLAINSBORO, NJ 08536

Signatures

/s/ Kathryn Lamping,
Attorney-in-fact

06/16/2008

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on December 13, 2007.
 - (2) 25% of the options vested one year after the 8/2/2002 grant date, and the remaining 75% vested monthly thereafter over 36 months.
 - (3) The options covering 1 share vested on 12/2/2004 and the remaining options covering 834 shares vested on 8/2/2006.
 - (4) The options covering 834 shares vested on 8/2/2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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