### ELLINGSEN DONALD A

Form 5

January 14, 2010

## FORM 5

#### **OMB APPROVAL**

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Number: 3235-0362

Synings January 31,

1.0

no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box if

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported

Form 4 30(h) of the Investment Company Act of 1940

Transactions Reported

Reminder: Report on a separate line for each class of

securities beneficially owned directly or indirectly.

	ddress of Reporting I N DONALD A	Symbol NORTI	e e e e e e e e e e e e e e e e e e e				5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)				
(Last)	(First) (N	(Month/I 12/31/2	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2009				_X Director 10% Owner Officer (give title Other (specify below)				
121 ((2511	(Street)		undmant Data (	Original			6 Individual on I	aint/Graup Ban	artina		
	(Sirect)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting				
		`					(check applicable line)				
SPOKANE,	WA 99201						_X_ Form Filed by Form Filed by Person	One Reporting P More than One R			
(City)	(State)	(Zip) Tab	le I - Non-Deri	vative Sec	uritie	s Acqu	ired, Disposed o	f, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi Acquired Disposed (Instr. 3,	l (A) o l of (E	))	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	Â	Â	Â	Â	Â	Â	4,202	D	Â		
Common Stock	Â	Â	Â	Â	Â	Â	9,623	I	Spokane Eye Clinic		

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**SEC 2270** 

(9-02)

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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	1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of
	Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration D	ate	Amou	int of	Derivative
	Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
	(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)
		Derivative				Securities			(Instr.	3 and 4)	
		Security				Acquired					
		·				(A) or					
						Disposed					
						of (D)					
						(Instr. 3,					
						4, and 5)					
										Amount	
							Date	Expiration	PD1.1	or	
							Exercisable	Date	Title Num	Number	
									of		
						(A) (D)				Shares	

## **Reporting Owners**

Reporting Owner Name / Address	Relationships					
• 5	Director	10% Owner	Officer	Other		
ELLINGSEN DONALD A 421 WEST RIVERSIDE, SUITE 113 SPOKANE, WA 99201	ÂX	Â	Â	Â		

# **Signatures**

Holly Austin, by power of attorney 01/14/2010

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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