

BALLY TOTAL FITNESS HOLDING CORP  
Form 8-K  
September 24, 2004

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 OR 15(d) of**  
**The Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported) **September 24, 2004**

**BALLY TOTAL FITNESS HOLDING CORPORATION**

---

(Exact name of registrant as specified in its charter)

<u>Delaware</u>	<u>0-27478</u>	<u>36-3228107</u>
(State or other jurisdiction of incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)
<u>8700 West Bryn Mawr Avenue, Chicago, Illinois</u>	<u>60631</u>	
(Address of principal executive offices)	(Zip Code)	

Edgar Filing: BALLY TOTAL FITNESS HOLDING CORP - Form 8-K

Registrant's telephone number, including area code (773) 380-3000

N/A

---

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

BALLY TOTAL FITNESS HOLDING CORPORATION

FORM 8-K

Current Report

Item 8.01 Other Events

On September 24, 2004, Bally Total Fitness Holding Corporation issued a press release related to obtaining a consent under its Credit Agreement, dated as of November 18, 1997, as amended and restated as of July 2, 2003. A copy of the press release and the consent is attached hereto as Exhibits 99.1 and 99.2 and incorporated by reference herein.

Item 9.01 Financial Statements and Exhibits

c. Exhibits

99.1 Press release dated September 24, 2004.

99.2 Consent, dated as of September 24, 2004, under the Credit Agreement, dated as of November 18, 1997, as amended and restated as of July 2, 2003, as amended, among Bally Total Fitness Holding Corporation, the lenders parties thereto, JP Morgan Chase Bank, Deutsche Bank Trust Company Americas and LaSalle Bank National Association.

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

BALLY TOTAL FITNESS HOLDING CORPORATION

---

Registrant

Dated: September 24, 2004

/s/ William G. Fanelli

---

William G. Fanelli  
Senior Vice President, Acting Chief Financial Officer