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RCM TECHNOLOGIES INC Form 8-K October 01, 2013

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): October 1, 2013

RCM Technologies, Inc. (Exact Name of Registrant as Specified in Charter)

Nevada 1-10245 95-1480559
(State or Other (Commission
Jurisdiction of File Employer
Incorporation) Number) Identification
No.)

2500 McClellan Avenue, Suite 350
Pennsauken, NJ
08109-4613
(Address of Principal Executive Offices)
(Zip Code)

Registrant's telephone number, including area code: (856) 356-4500

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

[]	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
[]	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
[]	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act
	(17 CFR 240-14d-2(b)).
[]	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act
	(17 CFR 240-13e-4(c)).

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Item 5.08 Shareholder Director Nominations.

The 2013 Annual Meeting of Stockholders of RCM Technologies, Inc. (the "Company") is scheduled to be held on December 5, 2013. This date is more than 30 days after the anniversary of the Company's 2012 Annual Meeting of Stockholders. As a result, in accordance with the Company's Amended and Restated Bylaws, as amended, and the applicable rules and regulations of the Securities and Exchange Commission (the "SEC"), written notice from a stockholder interested in bringing business before the Company's 2013 Annual Meeting of Stockholders or nominating a director candidate for election at the Company's 2013 Annual Meeting of Stockholders, including, any notice on Schedule 14N, must be received by no later than 5:00 p.m., Eastern time, on October 15, 2013 at the Company's principal executive office, 2500 McClellan Avenue, Suite 350, Pennsauken, New Jersey 08109. Any such written notice must be directed to the attention of the Company's Secretary and comply with the applicable advance notice provisions of the Company's Amended and Restated Bylaws, as amended. Stockholder proposals intended to be considered for inclusion in the Company's proxy materials for the 2013 Annual Meeting of Stockholders must comply with the requirements, including the deadline, set forth above as well as the all applicable rules and regulations promulgated by the SEC under the Securities Exchange Act of 1934, as amended.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

RCM TECHNOLOGIES, INC.

By:/s/ Kevin D. Miller Kevin D. Miller Chief Financial Officer, Treasurer and Secretary

Dated: October 1, 2013

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