McGarry John F Form 3 July 28, 2010

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF

OMB APPROVAL

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SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

(City)

1. Name and Address of Reporting 2. Date of Event 3. Issuer Name and Ticker or Trading Symbol Person * Requiring Statement Unum Group [UNM] McGarry John F (Month/Day/Year) 07/19/2010 (Last) (First) (Middle) 4. Relationship of Reporting 5. If Amendment, Date Original Person(s) to Issuer Filed(Month/Day/Year) 1 FOUNTAIN SQUARE (Check all applicable) (Street) 6. Individual or Joint/Group Filing(Check Applicable Line) 10% Owner Director _X_ Form filed by One Reporting _X__ Officer Other Person (give title below) (specify below) CHATTANOOGA, TNÂ 37402 Form filed by More than One EVP, President & CEO, Unum Reporting Person

(State) (Zip) Table I - Non-Derivative Securities Beneficially Owned

1.Title of Security	2. Amount of Securities	3.	4. Nature of Indirect Beneficial
(Instr. 4)	Beneficially Owned	Ownership	Ownership
	(Instr. 4)	Form: Direct (D) or Indirect (I) (Instr. 5)	(Instr. 5)
Common Stock	35,880 <u>(1)</u>	D	Â
Common Stock	2,717.616	I	By 401(k) plan
Common Stock	711.613	I	By N-Q 401(k) plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

UK

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of Indirect
(Instr. 4)	Expiration Date	Securities Underlying	Conversion	Ownership	Beneficial Ownership
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	(Instr. 5)

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	Date Exercisable	Expiration Date	(Instr. 4) Title	Amount or Number of Shares	Price of Derivative Security	Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	
Employee Stock Options (right to buy)	(2)	02/08/2011	Common Stock	8,250	\$ 27.975	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
- 0	Director	10% Owner	Officer	Other
McGarry John F 1 FOUNTAIN SQUARE CHATTANOOGA. TN 37402	Â	Â	EVP, President & CEO, Unum UK	Â

Signatures

/s/ Jullienne, J., Paul,
Attorney-in-Fact
07/28/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 20,743 restricted stock units (which may be settled, on a 1-for-1 basis, only in shares of common stock) and 15,137 shares held outside any plan.
- (2) The options vested in three equal annual installments beginning on February 8, 2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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