Seibel Donald Form 4 February 07, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005 Estimated average

burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

Seibel Donald Syn			Symbol	2. Issuer Name and Ticker or Trading Symbol FBL FINANCIAL GROUP INC				Issuer		
			[FFG]	NANCIA	L GRUC	JP IIN	IC .	(Che	ck all applicable	e)
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)			Director 10% Owner Nother (give title Other (specify				
· ·			`	02/06/2019				below) below) CFO & Treasurer		
	(Street)			endment, Da nth/Day/Year		1		6. Individual or J Applicable Line)	oint/Group Filir	ng(Check
WEST DES	S MOINES, IA	50266	T Hed(Wio	iuii Bayi Tear	,			_X_ Form filed by	One Reporting Pe More than One Re	
(City)	(State)	(Zip)	Tabl	le I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	of, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Executi any	emed on Date, if /Day/Year)	3. Transaction Code (Instr. 8)	(Instr. 3,	ispose	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	02/06/2019			M	366	A	(1)	12,643	D	
Class A Common Stock	02/06/2019			D	366	D	\$ 70.88	12,277	D	
Class A Common Stock								1,766.621	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed (D) (Instr. 3, 4, and 5)	Date (Month/Day/Yea	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
				Code V	(A) (D		Expiration Date	Title	An or Nu of Sh	
Restricted Stock Units (Cash Settled)	<u>(1)</u>	02/06/2019		A	1,834	02/06/2019 <u>(1)</u>	02/01/2023(1)	Class A Common Stock	1	
Restricted Stock Units (Cash Settled)	<u>(1)</u>	02/06/2019		M	36	6 02/06/2019	02/01/2023	Class A Common Stock		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Seibel Donald 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266			CFO & Treasurer				

Signatures

By: Mark Wickham per filed confirming stmt For: Donald Joseph Seibel 02/07/2019

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1)

Reporting Owners 2

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On February 1, 2018 the reporting person was granted performance based cash settled RSU's with a performance goal related to earnings per share to be achieved by the Company in 2018. The Stock Subcommittee of the Management Development and Compensation Committee on February 6, 2019 confirmed the performance goal was met. Each unit of cash settled RSU is the economic equivalent of one share of FBL Financial Group, Inc. Class A Common Stock. The units of cash settled RSU's will be settled in cash on each vesting date. The units vest 20% per year over 5 years. 20% of the units will be exercisable and expire on each vest date.

(2) Reporting person holds 1,766.62 shares in a company sponsored 401(k) Plan. Ownership form is indirect and the nature of the indirect beneficial ownership is by trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.