Geadelmann Lori K Form 4 February 05, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

obligations may continue. See Instruction

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Geadelmann Lori K Issuer Symbol FBL FINANCIAL GROUP INC (Check all applicable) [FFG] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner X_ Officer (give title Other (specify (Month/Day/Year) below) 5400 UNIVERSITY AVENUE 02/01/2019 General Counsel (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting WEST DES MOINES, IA 50266 Person

(City)	(State)	Zip) Tabl	e I - Non-D	erivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose 4 and (A) or	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	02/01/2019		M	165	A	<u>(1)</u>	499.844	D	
Class A Common Stock	02/01/2019		D	165	D	\$ 70.88	334.844	D	
Class A Common Stock	02/01/2019		M	126	A	(1)	460.844	D	
Class A Common	02/01/2019		D	126	D	\$ 70.88	334.844	D	

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January 31,

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Estimated average

burden hours per

Stock								
Class A Common Stock	02/01/2019	M	57	A	(1)	391.844	D	
Class A Common Stock	02/01/2019	D	57	D	\$ 70.88	334.844	D	
Class A Common Stock	02/01/2019	M	51	A	(1)	385.844	D	
Class A Common Stock	02/01/2019	M	51	A	(1)	436.844	D	
Class A Common Stock	02/01/2019	D	51	D	\$ 70.88	385.844	D	
Class A Common Stock	02/01/2019	D	51	D	\$ 70.88	334.844	D	
Class A Common Stock						174.173	Ι	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Numb	er of	6. Date Exercisab	le and Expiration	7. Title and	Amo
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionDerivative			Date		Underlying Secu	
Security	or Exercise		any	Code	Securitie	s	(Month/Day/Year	r)	(Instr. 3 and	14)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	(Instr. 8) Acquired (A)					
	Derivative				or Disposed of					
	Security				(D)					
					(Instr. 3,	4,				
					and 5)					
										An
										or
							Date Exercisable	Expiration Date	Title	Nu
										of
				Code V	(A)	(D)				Sh
Restricted	<u>(1)</u>	02/01/2019		M		165	02/01/2019	02/01/2019	Class A	
Stock									Common	
Units									Stock	
CIIII									Stock	

(Cash Settled)								
Restricted Stock Units (Cash Settled)	(1)	02/01/2019	M	126	02/01/2019	02/01/2020	Class A Common Stock	
Restricted Stock Units (Cash Settled)	(1)	02/01/2019	M	57	02/01/2019	02/01/2021	Class A Common Stock	
Restricted Stock Units (Cash Settled)	(1)	02/01/2019	M	51	02/01/2019	02/01/2022	Class A Common Stock	
Restricted Stock Units (Cash Settled)	(1)	02/01/2019	M	51	02/01/2019	02/01/2023	Class A Common Stock	
Restricted Stock Units (Cash Settled)	(3)	02/01/2019	A	1,330	02/01/2020(3)	02/01/2024(3)	Class A Common Stock	1

Reporting Owners

Reporting Owner Name / Address	Relationships						
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other			
Geadelmann Lori K 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266			General Counsel				

Signatures

By: Mark Wickham per filed confirming stmt For: Lori Kay Geadelmann

02/05/2019

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each unit of cash settled RSU is the economic equivalent of one share of FBL Financial Group, Inc. Class A Common Stock. On February 1, 2019, 20% of the reporting person's previously granted cash settled RSU's were vested and settled. The units vest 20% on

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each of the first five anniversaries of the grant date. 20% of the units will be exercisable and expire on each vest date.

- (2) Reporting person holds 174.17 shares in a company sponsored 401(k) Plan. Ownership form is indirect and the nature of the indirect beneficial ownership is by trust.
- Each unit of cash settled RSU is the economic equivalent of one share of FBL Financial Group, Inc. Class A Common Stock. The units of cash settled RSU's will be settled in cash on each vesting date. The units vest 20% on each of the first five anniversaries of the grant date. 20% of the units will be exercisable and expire on each vest date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.