Krog George William Jr Form 4 April 04, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL

OMB 3235-0287 Number:

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if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Krog George William Jr Issuer Symbol ABRAXAS PETROLEUM CORP (Check all applicable) [AXAS] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner X_ Officer (give title Other (specify (Month/Day/Year) below) below) 18803 MEISNER DRIVE 04/01/2019 VP Chief Accounting Officer (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting SAN ANTONIO, TX 78258 Person

(City)	(State) (Z	Zip) Table	I - Non-De	erivative S	ecurit	ies Acqı	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)		Beneficially Form: Direct (D) or Following Indirect (I)	Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Abraxas			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Petroleum Common Stock	04/01/2019		A	43,097	A	\$ 1.34	186,314	D	
Abraxas Petroleum Common Stock							37,871	I	401-K

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (or Dispose (D) (Instr. 3, 4, and 5)	(A) ed of	6. Date Exercis Expiration Dat (Month/Day/Y	e	7. Title and Underlying (Instr. 3 and
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Performance-based Restricted Stock Unit	\$ 2.19						04/02/2021	04/02/2021	Abraxas Petroleur Commor Stock
Employee Stock Option	\$ 0.97						03/15/2017	03/15/2026	Abraxas Petroleur Commor Stock
Employee Stock Option	\$ 3.16						03/03/2016	03/03/2025	Abraxas Petroleur Commor Stock
Employee Stock Option	\$ 3.15						03/11/2014	03/11/2024	Abraxas Petroleur Commor Stock
Employee Stock Option	\$ 2.39						03/11/2015	03/11/2024	Abraxas Petroleur Commor Stock
Employee Stock Option	\$ 6.05						03/24/2010	03/24/2016	Abraxas Petroleur Commor Stock
Employee Stock Option	\$ 3.6						08/28/2011	08/28/2017	Abraxas Petroleur Commor Stock
Employee Stock Option	\$ 1.75						10/05/2010	10/05/2019	Abraxas Petroleur Commor

							Stock
Employee Stock Option	\$ 4.72				03/12/2012	03/15/2021	Abraxas Petroleur Commor Stock
Employee Stock Option	\$ 2.09				03/16/2011	03/16/2020	Abraxas Petroleur Commor Stock
Employee Stock Option	\$ 3.74				03/08/2013	03/08/2022	Abraxas Petroleur Commor Stock
Performance-based Restricted Stock Unit	\$ 1.34	04/01/2019	M	43,097 (1)	(2)	(2)	Abraxas Petroleur Commor Stock

Relationshins

Reporting Owners

Reporting Owner Name / Address	reactionships					
	Director	10% Owner	Officer	Other		

Krog George William Jr 18803 MEISNER DRIVE SAN ANTONIO, TX 78258

VP Chief Accounting Officer

Signatures

G. William

Krog, Jr. 04/03/2019

**Signature of Person Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each performance-based restricted share represents the right to receive, following vesting, up to 200% of one share of Abraxas Petroleum Corporation common stock. The resulting number of shares of common stock acquired upon vesting of the performance-based restricted shares is contingent upon achievement of pre-established performance metrics, as approved by the Company's Compensation Committee, over a three-year performance period beginning on April 1, 2019 and ending on April 1, 2022.
- (2) Unless earlier forfeited under the terms of the performance-based restricted shares, each performance-based share vest and converts into no more than 200% of one share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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