DEAN FOODS CO Form 4 July 02, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading MUSE JOHN R Issuer Symbol DEAN FOODS CO [DF]

(Middle) (Last) (First) 3. Date of Earliest Transaction

> (Month/Day/Year) 06/30/2010

200 CRESCENT COURT, SUITE 1600

> 4. If Amendment, Date Original (Street)

Filed(Month/Day/Year)

OMB APPROVAL

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

(Check all applicable)

_X__ Director 10% Owner Officer (give title Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

DALLAS, TX 75201

(City)	(State) (Zip) Table	e I - Non-D	erivative s	Securi	ities Ac	equired, Disposed	of, or Benefici	ally Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securit	ties		5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	Transactio	nAcquired	(A) o	r	Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	Disposed	of (D)	Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3,	4 and	5)	Owned	Indirect (I)	Ownership
							Following	(Instr. 4)	(Instr. 4)
					(A)		Reported		
					(A)		Transaction(s)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	06/30/2010		A	2,841 (1)	A	\$0	388,283	D	
Common Stock	06/30/2010		M	1,700 (2)	A	\$0	389,983	D	
~									1 0

Common by Spouse. 2,550 I (3) Stock

by minor children Common I 2,000 sharing Stock household.

(3)

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	`			7. Title and Amount Underlying Securitie (Instr. 3 and 4)		
					of (D) (Instr. 3, 4, and 5)					
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shares
Restricted Stock Units (DU003932)	\$ 0	06/30/2010		M		850 (4)	06/30/2008(4)	06/30/2017	Common Stock	850
Restricted Stock Units (DU004365)	\$ 0	06/30/2010		M		850 (4)	06/30/2009(4)	06/30/2018	Common Stock	850

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MUSE JOHN R							
200 CDECCENT COURT CHIEF 1600	37						

200 CRESCENT COURT, SUITE 1600

DALLAS, TX 75201

Signatures

Richard Stephens, 07/02/2010 Attorney-In-Fact

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These are shares of restricted stock issued in payment of fees owed for services as an independent director. All such shares are subject to vesting in three equal increments, with the first vesting occurring as of the date the shares were issued and then annually thereafter.

Reporting Owners 2

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- (2) The reporting person received a total of 1,700 shares of Common Stock of the Issuer pursuant to the vesting provisions in the award of restricted stock units.
- (3) The reporting person disclaims beneficial ownership of all shares not directly owned by him.
 - The reporting person has received an award of restricted stock units which is the right to receive shares of Common Stock of the Issuer in
- (4) the future, subject to the terms and conditions of the award agreement. The restricted stock units vest annually, on a pro rata basis, over a three year period beginning on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.