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ENERGY INCOME & GROWTH FUND

Form 8-K February 23, 2011

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported) Febraru 23, 2011

ENERGY INCOME AND GROWTH FUND (Exact Name of Registrant as Specified in its Charter)

Massachusetts 811-21549 11-3716544
(State or Other Jurisdiction (Commission File Number) (IRS Employer of Incorporation) Identification No.)

120 East Liberty Drive, Suite 400
Wheaton, Illinois 60187
(Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code (630) 765-8000

(Former Name or Former Address, if Changed Since Last Report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- $|_|$ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- |_| Soliciting material pursuant to Rule 14a-12 under the Exchange Act
 (17 CFR 240.14a-12)
- |_| Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- |_| Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure.

Energy Income and Growth Fund (the "Fund") is filing herewith a PowerPoint presentation dated February 24, 2011. The PowerPoint presentation is to be used on a conference call scheduled to occur on February 24, 2011 at $4:15~\mathrm{pm}$ Eastern Time. The Fund will be hosting a conference call with Energy Income Partners, LLC, the Fund's investment sub-adviser. The purpose of the call is to hear the Fund's portfolio management team provide an update for the Fund. Details regarding the conference call are as follows: Dial-in Number: (866) 865-6631; International (706) 679-1727; and Passcode # 3718791. The presentation is also available at

http://www.ftportfolios.com/Common/ContentFileLoader.aspx?ContentGUID=823d75ca-f36c-4cc8-b44c-7a8

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit.

Number Description

> 99.1 PowerPoint presentation of First Trust Advisors, L.P. dated February 24, 2011.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: February 23, 2011 ENERGY INCOME AND GROWTH FUND

> /s/ W. Scott Jardine By:

Name: W. Scott Jardine

Title: Secretary

EXHIBIT INDEX

Exhibit

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