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|\_ | Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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Item 7.01 Regulation FD Disclosure.

Energy Income and Growth Fund (the "Fund") is filing herewith a press release issued on June 23, 2010, as Exhibit 99.1. The press release was issued by First Trust Advisors, L.P. to report that on June 30, 2010, the Fund will host a conference call with Energy Income Partners, LP, the Fund's investment sub-adviser. The purpose of the call is for the Fund's portfolio management team to provide an update for the Fund. Details regarding the conference call are contained in the press release included herein.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

| Exhibit Number | Description  |
|----------------|--|
| 99.1           | Press release of First Trust Advisors, L.P. dated June 23, 2010. |

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: June 25, 2010

ENERGY INCOME AND GROWTH FUND

By: /s/ W. Scott Jardine

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Name: W. Scott Jardine  
Title: Secretary

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EXHIBIT INDEX

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