### FBL FINANCIAL GROUP INC

Form 4

January 05, 2006

# FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB** Number:

Expires:

3235-0287

January 31, 2005

0.5

Estimated average

burden hours per response...

**OMB APPROVAL** 

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

1(b).

Class A

Common

01/03/2006(1)

(Print or Type Responses)

See Instruction

(Print or Type Responses)										
			Symbol	FBL FINANCIAL GROUP INC				5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
(Last) 5400 UNIV	(First) (I	Middle) JE	3. Date of Earliest Transaction (Month/Day/Year) 01/03/2006				DirectorX Officer (give below) Chief F	te title 10% Owner Other (specify below) inancial Officer and		
				nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
								Person		
(City)	(State)	(Zip)	Tab	le I - Non-E	Derivative	Secur	ities Acq	uired, Disposed o	of, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	Execution Date, if Transaction(A) or Disposed of (D any Code (Instr. 3, 4 and 5) (Month/Day/Year) (Instr. 8)			d of (D)	Owned Indirect (I) Owner Following (Instr. 4) (Instr. 4)			
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Class A Common Stock	01/03/2006(1)			M	1,568	A	\$ 15.5	52,975	D	
Class A Common Stock	01/03/2006(1)			S	1,568	D	\$ 32.16	51,407	D	
Class A Common Stock	01/03/2006(1)			M	3,969	A	\$ 17.97	55,376	D	

S

3,969

D

\$

32.16

51,407

D

### Edgar Filing: FBL FINANCIAL GROUP INC - Form 4

Stock								
Class A Common Stock	01/03/2006(1)	M	2,207	A	\$ 19.5	53,614	D	
Class A Common Stock	01/03/2006(1)	S	2,207	D	\$ 32.16	51,407	D	
Class A Common Stock						6,043.273	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ame Underlying Sect (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	An or No of Sh
Non-Qualified Stock Option (right to buy)	\$ 15.5	01/03/2006(1)		M	1,568	01/15/2002(2)	01/15/2011	Class A Common Stock	1
Non-Qualified Stock Option (right to buy)	\$ 17.97	01/03/2006(1)		M	3,969	01/15/2003(2)	01/15/2012	Class A Common Stock	3
Non-Qualified Stock Option (right to buy)	\$ 19.5	01/03/2006(1)		M	2,207	01/15/2004(2)	01/15/2013	Class A Common Stock	2

# **Reporting Owners**

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

Reporting Owners 2

Deletionships

NOYCE JAMES 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266

Chief Financial Officer and

## **Signatures**

By: Robert Simons, per filed confirming stmt For: James William Noyce

01/05/2006

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Transaction has been completed pursuant to Rule 10b5-1(c) Trading Plan dated December 15, 2005.
- (2) Shares become exercisable annually, beginning one year from the date of grant, pro-rata during a five year period, subject to compliance with annual dollar limits for incentive stock option grants.

#### **Remarks:**

Reporting person holds 6,043.273 shares in a company sponsored 401(k) Plan. Ownership form is Indirect and the nature of the Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3