Edgar Filing: SEIFERT RACHEL A - Form 4

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Form 4	ACHEL A										
November (06, 2012										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMMISSION	OMB APPROVAL		
		DIMIL D		shington					OMB Number:	3235-0287	
Check th if no lon	oer						Expires:	January 31, 2005			
subject t Section Form 4 o	To STATEN 16. or	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> SEIFERT RACHEL A			Symbol I COMMUNITY HEALTH					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
. .				EMS INC							
(Last) (First) (Middle) 4000 MERIDIAN BOULEVARD								Director 10% Owner _X Officer (give title Other (specify below) below) Executive VP and Secretary			
(Street)			Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
FRANKLI	N, TN 37067							Form filed by Mo Person	ore than One Rep	porting	
(City)	(State)	(Zip)	Tab	le I - Non-	Derivative	Secu	rities Acqu	iired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, any (Month/Day/Year)			Date, if	3. Transactic Code (Instr. 8)	4. Securiti for Dispose (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following	OwnershipIndForm:BeDirect (D)Ovor Indirect(Ir	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
-				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)		
Common Stock	11/05/2012			М	30,000	А	\$ 20.3	178,572	D		
Common Stock	11/05/2012			S	30,000	D	\$ 29.5046 (1)	5 148,572	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of tiorDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 20.3	11/05/2012		М		30,000	05/22/2004	05/22/2013	Common Stock	30,000
Stock Options (Right to Buy)	\$ 32.37						02/28/2006	02/28/2013	Common Stock	20,000
Stock Options (Right to Buy)	\$ 38.3						03/01/2007	03/01/2014	Common Stock	15,000
Stock Options (Right to Buy)	\$ 37.21						02/28/2008	02/28/2015	Common Stock	7,500
Stock Options (Right to Buy)	\$ 40.41						07/25/2008	07/24/2017	Common Stock	20,000
Stock Options (Right to Buy)	\$ 32.28						02/27/2009	02/26/2018	Common Stock	10,000
Stock Options (Right to Buy)	\$ 18.18						02/25/2010	02/24/2019	Common Stock	7,500
Stock Options (Right to Buy)	\$ 33.9						02/24/2011	02/23/2020	Common Stock	7,500
	\$ 37.96						02/23/2012	02/22/2021		7,500

Stock
Options
(Right to
Buy)Common
StockStock
Options
(Right to
Buy)\$ 21.0702/16/201302/15/2022Common
Stock7,500

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
SEIFERT RACHEL A 4000 MERIDIAN BOULEVARD FRANKLIN, TN 37067			Executive VP and Secretary					
Signatures								
Christopher G. Cobb, Attorney in Seifert	11/06/2012							
<u>**</u> Signature of Reporting F	Person	Date						
Explanation of Responses:								
* If the form is filed by more than one reporting person, <i>see</i> Instruction 4(b)(v).								

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were sold in a series of transactions at a weighted average sales price of \$29.5046 per share.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.