

EDIETS COM INC  
Form 8-K  
July 25, 2003

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# SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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## FORM 8-K

### CURRENT REPORT

Pursuant to Section 13 or 15(d) of the  
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): July 24, 2003

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## eDiets.com, Inc.

(Exact Name of Registrant as Specified in Charter)

Delaware

(State or Other Jurisdiction of Incorporation)

000-30559  
(Commission File Number)

56-0952883  
(IRS Employer Identification No.)

3801 W. Hillsboro Blvd.  
Deerfield Beach, Florida 33442

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(Address of Principal Executive Offices) (Zip Code)

(954) 360-9022

(Registrant's Telephone Number, Including Area Code)

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**ITEM 7. FINANCIAL STATEMENTS, PRO FORMA FINANCIAL INFORMATION AND EXHIBITS**

**(c) Exhibits**

The following exhibit is furnished as part of this Current Report on Form 8-K:

<b>Exhibit</b>	
<b>No.</b>	<b>Title</b>
99.1	eDiets.com, Inc. Press Release, issued July 24, 2003.

**ITEM 9. REGULALTION FD DISCLOUSRE**

*In accordance with guidance from the Securities and Exchange Commission in Release numbers 33-8216 and 34-47583, the information furnished under this Item 9 ( Regulation FD Disclosure ) is intended to be furnished under Item 12 ( Results of Operations and Financial Condition ). The information in this Current Report on Form 8-K and the Exhibit attached hereto, shall not be deemed to be filed for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section.*

On July 24, 2003, the Company issued the press release attached as Exhibit 99.1, which sets out the Company's results of operations for the second quarter of 2003.

**SIGNATURES**

Pursuant to the requirement of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

eDIETS.COM, INC.

By:   /s/ ROBERT T. HAMILTON  

Robert T. Hamilton

Chief Financial Officer

Date: July 25, 2003

**EXHIBIT INDEX**

<b><u>Exhibit Number</u></b>	<b><u>Exhibit Title</u></b>
99.1	Press Release dated July 24, 2003.