DEAN FOODS CO Form 4 March 16, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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if no longer subject to Section 16. Form 4 or Form 5

obligations

1(b).

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1. Name and Address of Reporting Person *

(State)

2. Issuer Name and Ticker or Trading TURNER JIM L Issuer Symbol DEAN FOODS CO [DF] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) _X__ Director 10% Owner Other (specify Officer (give title JLT BEVERAGES L.P., 5950 03/12/2009 below) SHERRY LANE STE 370

> (Street) 4. If Amendment, Date Original Filed(Month/Day/Year)

> > (Zip)

6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

5. Relationship of Reporting Person(s) to

DALLAS, TX 75225

(City)

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit or Dispos (Instr. 3, 4	ed of	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/12/2009		M	19,578	A	\$ 8.0206	224,259	D	
Common Stock	03/12/2009		M	19,578	A	\$ 8.0206	28,406	I	Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number of actionDerivative Securities 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) 6. Date Exercisable and Expiration Date (Month/Day/Year) 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Underlying \$\(\text{(Instr. 3 and } \)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Non-Qualified Stock Option (right to buy-SI701312)	\$ 8.0206	03/12/2009		M	10,718	06/30/1999(1)	06/30/2009	Common Stock
Non-Qualified Stock Option (right to buy-T0700754)	\$ 8.0206	03/12/2009		M	2,073	06/30/1999(1)	06/30/2009	Common Stock
Non-Qualified Stock Option (right to buy-DV003985)	\$ 8.0206	03/12/2009		M	5,032	06/30/1999(1)	06/30/2009	Common Stock
Non-Qualified Stock Option (right to buy-DV003976)	\$ 8.0206	03/12/2009		M	973	06/30/1999(1)	06/30/2009	Common Stock
Non-Qualified Stock Option (right to buy-SI901312)	\$ 8.0206	03/12/2009		M	532	06/30/1999(1)	06/30/2009	Common Stock
Non-Qualified Stock Option (right to buy-DV003967)	\$ 8.0206	03/12/2009		M	250	06/30/1999(1)	06/30/2009	Common Stock
Non-Qualified Stock Option (right to buy-SI601312)	\$ 8.0206	03/12/2009		M	10,718	06/30/1999(1)	03/30/2009	Common Stock
Non-Qualified Stock Option (right to buy-T0600753)	\$ 8.0206	03/12/2009		M	2,073	06/30/1999(1)	06/30/2009	Common Stock
	\$ 8.0206	03/12/2009		M	5,032	06/30/1999(1)	06/30/2009	

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Non-Qualified Stock Option (right to buy-DV003997)							Common Stock
Non-Qualified Stock Option (right to buy-DV003990)	\$ 8.0206	03/12/2009	M	973	06/30/1999(1)	06/30/2009	Common Stock
Non-Qualified Stock Option (right to buy-SI801312)	\$ 8.0206	03/12/2009	M	532	06/30/1999(1)	06/30/2009	Common Stock
Non-Qualified Stock Option (right to buy-DV003970)	\$ 8.0206	03/12/2009	M	250	06/30/1999(1)	06/30/2009	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
• 0	Director	10% Owner	Officer	Other		
TURNER JIM L JLT BEVERAGES L.P. 5950 SHERRY LANE STE 370 DALLAS, TX 75225	X					

Signatures

**Signature of Reporting Person

Angela B. Miro, Attorney-In-Fact 03/16/2009

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options were fully vested and immediately exercisable upon grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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