RUSSELL JOSEPH D JR

Form 4

December 23, 2008

FORM	1								OMB AP	PROVAL	
Onw	UNITED ST	ATES			D EXCH C. 2054		GE CO	MMISSION	OMB Number:	3235-0287	
Check this be if no longer subject to Section 16. Form 4 or	NT OF	CHANGI		ENEFIC		RSHIP OF	Expires: Estimated a burden hour				
Form 5 obligations may continu See Instruct 1(b).		of the P		y Holdin	ng Comp	any A	Act of 19		response	0.0	
(Print or Type Res	ponses)										
1. Name and Address of Reporting Person * RUSSELL JOSEPH D JR			2. Issuer Name and Ticker or Trading Symbol PS BUSINESS PARKS INC/CA [PSB]					5. Relationship of Reporting Person(s) to ssuer (Check all applicable)			
(Last) (First) (Middle) C/O PS BUSINESS PARKS, INC., 701 WESTERN AVENUE			3. Date of Earliest Transaction (Month/Day/Year)					low)	Officer (give title Other (specify		
			Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State) (Zip))	Table I	- Non-Der	ivative Se	curitie		ed, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	emed	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock				Co uc ,	rimount	(2)	11100	26,707 (1)	D		
Depositary Shares Representing Series H Preferred Stock								2,000	I	By IRA	
Depositary Shares	12/15/2008			P	300	A	\$ 15.15	300	I	By 401k	

Series H Preferred Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Securities Acquired (A) or	Mumber Expiration Date of (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy) (2)	\$ 43.75					08/05/2006	08/05/2015	Common Stock	50,000
Stock Option (right to buy) (2)	\$ 34.34					09/09/2003	09/09/2012	Common Stock	100,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
- 5	Director	10% Owner	Officer	Other			
RUSSELL JOSEPH D JR C/O PS BUSINESS PARKS, INC. 701 WESTERN AVENUE GLENDALE, CA 91201-2397	X		PRESIDENT / CEO				
Signatures							
1 1 C 1 1 C TT 1 1							

/s/ Stephanie G. Heim, Attorney 12/23/2008 in Fact

> **Signature of Reporting Person Date

2 Reporting Owners

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 22,500 restricted stock units
- (2) Stock options granted pursuant to the 2003 Stock Option and Incentive Plan
- (3) By a custodian of an IRA for benefit of reporting person
- (4) By a cusdodian of a 401k for benefit of reporting person's wife

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.