TOMPKINS FINANCIAL CORP

Form 4

November 16, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer

subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading HARTZ GREGORY J Issuer Symbol TOMPKINS FINANCIAL CORP (Check all applicable) [TMP] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner _X__ Officer (give title Other (specify (Month/Day/Year) below) TOMPKINS FINANCIAL 11/15/2016 EVP, Pres.&CEO Tompkins Trust CORPORATION, P.O. BOX 460 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

ITHACA, NY 14851

(City)	(State)	(Zip) Tak	ole I - Non-	Derivativ	e Seci	urities Ac	quired, Disposed	l of, or Benefi	cially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	ution Date, if Transactior(A) or Disposed of (D Code (Instr. 3, 4 and 5)			d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	11/15/2016		M	1,650	A	\$ 41.71	19,015.843	D	
Common Stock	11/15/2016		F	1,202 (1)	D	\$ 83.04	17,813.843	D	
Common Stock	11/15/2016		M	893	A	\$ 37	18,706.843	D	
Common Stock	11/15/2016		F	623 (1)	D	\$ 83.04	18,083.843	D	
Common Stock	11/15/2016		M	519	A	\$ 40.6	18,602.843	D	

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Common Stock	11/15/2016	F	375 (1) D	\$ 83.04	18,227.843 (2)	D	
Common Stock					3,705.22 <u>(3)</u>	I	by 401(k)/ISOP
Common Stock					2,233.14 (3)	I	by ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number out Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration D (Month/Day	ate Underlying S		Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Appreciation Rights (SAR)	\$ 41.7091	11/15/2016		M	1,650	<u>(4)</u>	09/17/2019	Common Stock	1,650
Stock Appreciation Rights (SAR)	\$ 37	11/15/2016		M	893	<u>(4)</u>	08/19/2021	Common Stock	893
Stock Appreciation Rights (SAR)	\$ 40.6	11/15/2016		M	519	<u>(4)</u>	05/03/2023	Common Stock	519

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

HARTZ GREGORY J TOMPKINS FINANCIAL CORPORATION P.O. BOX 460 ITHACA, NY 14851

EVP, Pres.&CEO Tompkins Trust

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Signatures

/s/ Gregory J. Hartz 11/16/2016

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Deemed disposition of shares to Issuer to satisfy option cost and taxes.
- (2) Includes shares acquired through reinvestment of quarterly dividends.
- (3) Includes shares acquired through profit sharing or 401K contributions.
 - Stock Appreciation Rights (SARs) were granted pursuant to the Tompkins Financial Corporation 2009 Equity Plan. SARs have a seven
- (4) year vesting schedule with 0% vesting in year one, 17% vesting in years two through six, and 15% vesting in year seven. When exercised, the SARs will be settled in Common Stock of the Company. The grant will expire ten years from the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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