Unum Group Form 4 November 27, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL OMB 3235-0287

Check this box if no longer

Washington, D.C. 20549

Number: January 31, Expires: 2005

subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per 0.5 response...

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Bishop III E. Liston			2. Issuer Name and Ticker or Trading Symbol Unum Group [UNM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(and approximately		
			(Month/Day/Year)	Director 10% Owner		
1 FOUNTAIN SQUARE			11/25/2013	X Officer (give title Other (specify below)		
				EVP & General Counsel		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
CHATTANOOGA, TN 37402				_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

CHATTANOOGA, TN 3/402

(City)	(State)	(Zip) Tab	ole I - Non-	Derivativ	e Secu	rities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)		sed of 4 and (A) or	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/25/2013		M(1)	5,598	A	\$ 11.37	79,508 (2) (3)	D	
Common Stock	11/25/2013		S <u>(1)</u>	5,598	D	\$ 34.0049 (4)	73,910 (5)	D	
Common Stock	11/26/2013		M(1)	2,000	A	\$ 11.37	75,910 <u>(6)</u>	D	
Common Stock	11/26/2013		S(1)	2,000	D	\$ 34.0134 <u>(7)</u>	73,910 (5)	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date urities (Month/Day/Year) uritied or posed of tr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 11.37	11/25/2013		M <u>(1)</u>	5,598	(8)	02/24/2017	Common Stock	5,598
Employee Stock Option (right to buy)	\$ 11.37	11/26/2013		M <u>(1)</u>	2,000	(8)	02/24/2017	Common Stock	2,000

Reporting Owners

eporting Owner Name / Address	Relationships
Reporting Owner Name / Address	

Director 10% Owner Officer Other

Bishop III E. Liston 1 FOUNTAIN SQUARE CHATTANOOGA, TN 37402

EVP & General Counsel

Signatures

/s/ Jullienne, J. Paul,

Attorney-in-Fact 11/27/2013

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on August 27, 2013.
- (2) Includes 26,467 restricted stock units, which may be settled, on a 1-for-1 basis, only in shares of common stock ("stock-settled RSUs"), and 53,041 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (3) Beneficial ownership amount accounts for the exempt acquisition of an aggregate of 362.408 stock-settled RSUs pursuant to the reinvestment of dividends since the date of the reporting person's prior Form 4.
- Reflects weighted average price for multiple sale transactions ranging in price from \$34.00 per share to \$34.01 per share, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- (5) Includes 26,467 stock-settled RSUs and 47,443 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- (6) Includes 26,467 restricted stock units and 49,443 shares of common stock. Fractional amounts have been rounded to the nearest whole number.
- Reflects weighted average price for multiple sale transactions ranging in price from \$34.01 per share to \$34.03 per share, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange
- Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- (8) The options vest in three equal annual installments beginning on February 24, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.